Road 2 Resiliency Coalition Meeting

3:30 – 4:45 PM February 4th, 2019

South Bend School Library, South Bend

Members Present**:** Jessica Verboomen, Becky Fischer, Michelle Layman, Bethany Barnard, Gracie Minks, Patrick Jo, Tessa Clements, Kelsey Hopstad, Mercedes Lamphier, Liz Stamos, Amy Nelson, Andi Edwards, Andrew Tessier

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| **AGENDA ITEM** | **DISCUSSION** | **DECISIONS, ACTIONS, ASSIGNMENTS** |
| **Introductions & Announcements** | February 14th 9-11 Know and Grow Meeting  Mini Grants were awarded to 15 out of 21 applicants.  Kelli Buchanan looking for items for a family in need. Contact info and information available to anyone who can help. | Anyone is welcome to attend!  Contact Kelli Buchanan for more information. (360) 875-9339 |
| **Approval of January Meeting Minutes** | January minutes were reviewed and approved. | Jessica moved to approve, Gracie 2nd/ Passed w/ changes to Becky Fischer and AmeriCorps |
| **R2R Membership** | Please make sure you fill out a membership form in your packet so we can accurately track voting members | The membership form can also be completed [online](https://goo.gl/forms/zJhAhlwHo3TjedRJ3). |
| **Resiliency Rockstar:**  **Michelle Layman SWAC**  **ELC- Adopts a Family Program** | Michelle Layman is the organizer for Shop With a Cop which pairs nominated youth with a law enforcement officer to shop for their family for Christmas as well as have breakfast and ride in a patrol car. The positive impact made on these selected youth is long lasting and builds key resilience factors. We appreciate the countless volunteer hours Michelle pours into this program including finding youth to participate, getting donations from local businesses, and arranging so many details for the event. Many participants, even as adults, continue to speak of the lasting positive impression getting to participate in the program had for them.  The ELC supports our families in so many ways, but they are especially helpful in the winter months. We are so thankful for their willingness to lend a helping hand to our youngest students and their families. | Know of a Rockstar? Contact our coordinator or [nominate them online](https://road2resiliency.weebly.com/nominate.html)! |
| **Show & Tell:**  **Mini Grant** | Tessa Clements funded for incentives for Therapeutic Courts programs. Purchased $5 gift cards from local pro social business that are awarded for exceptional behavior and milestones in therapy including graduating from IOP treatment, Outpatient Treatment, getting their Driver’s License back. Clients love the gift cards and recognition, Judge gives them to participants and are reporting feeling human thanks to the recognition. Many participants are parents or parenting in many ways but making it through the therapeutic courts program allows them to use the gift cards with their children but also participate in their own children’s lives and build resiliency. Incentives would be unable to be provided without mini grants opportunities. | If you’re interested in finding out more about Martha May or Lifeline Connections, they may be contacted locally at their South Bend Office. |
| **North American Cannabis Summit** | Gracie attended summit in LA. Many available educational tracts including prevention, medical, and revenue etc. Speakers spoke on public health, social issues, and legalities of cannabis. Providing information provided by the King County Public Health based off the Healthy Youth Survey in conjunction with youth listening sessions to get their perspectives on use. They trained facilitators at places that youth were already going to facilitate these discussions. Grace brought back material and is working on how to disseminate those materials. Will be integrating some of the best practices at the Health Department to continue trauma informed care and prevention. |  |
| **R2R Board Retreat** | Provided minutes from the recent Board Retreat and highlighted the goal mapping activities and assigned R2R goals a timeline. Identified goals and timelines were highlighted |  |
| **Town Hall** | Date, time, and locations have been set. Relax w/ R2R Friday, February 22nd @ South Bend School. Parent and youth track with Deanna Gjovik and activities for youth to build healthy stress coping skills.  Call to hang posters and distribute flyers. | Spread the Word!  Call for volunteers, mostly for set up and tear down, a sign-up sheet is being set around or contact Kelsey! |
| **Team Reports** | Drug Busters Squad: Drug Busters are gearing up for Sources of Strength Week! They will be very busy in the upcoming days highlighting sources of strength with their peers and highlighting these leading up to Valentine’s Day.  South Bend Police Dept: Date has been set to February 21st, 2019 with a flyer to follow.  Big Brothers Big Sisters: A wonderful presentation and PowerPoint was given by Mercedes highlighting the many types of activities BBBS get to participate in, how matches are made, how community members can support BBBS or get involved, and their future plans for the rest of the school year. |  |
| **Next Meeting** | Our next meeting will be Monday, March 4th 3:30-4:45 p.m. at South Bend School Library. |  |