# PACIFIC COUNTY Resource Directory





# **Resources At-A-Glance**

# Abuse

Adult Protective Services (APS) Camp Victory Child Protective Services (CPS) Children's Administration Crisis Support Network (CSN) Pacific County Juvenile Department

# Alcohol & Drug Abuse

Alcoholics Anonymous Astoria Rescue Mission Crystal Meth Anonymous Evergreen Treatment Services Narcotics Anonymous Olympic Health & Recovery Services Pacific County Public Health & Human Services Shoalwater Bay Indian Tribe Behavioral Health & Wellness South Bend Book Study Open Meeting Substance Abuse & Mental Health Services Administration (SAMHSA) Willapa Behavioral Health

# Animals/Veterinary

Country Pet Veterinary Clinic Harbor Association of Volunteers for Animals (HAVA) Oceanside Animal Clinic South Pacific County Humane Society Vetters Animal Hospital Willapa Veterinary Service

# **Childcare**

Boys & Girls Club of the Long Beach Peninsula Camp Victory Childcare Action Council Childcare Aware of SW Washington Developmental Disabilities Administration (DDA) Love, Laughter & Learning Center Preschool Peninsula Church Center Daycare Port of Play South Bend Early Childhood Center

# **Community Recreation**

4-H/Washington State Univ. Pacific County Ext. Astoria Parks & Recreation Center **Boy Scouts** Boys & Girls Club of the Long Beach Peninsula Dr. O.R. Nevitt Memorial Swimming Pool The DUNES Bible Camp & Pool Future Farmers of America (FFA) Long Beach Elks North County Youth Sports Ocean Park Retreat Center Peninsula Quilt Guild Peninsula Youth Sports Port of Play **Raymond Library Raymond Theater** Shoalwater Bay Tribal Comm. Library Sunday Afternoon Live **Timberland Regional Library** Willapa Harbor Quilters Willapa River Beekeeping Club

# Crisis & Suicide Intervention

CrisisChat.org Crisis Support Network (CSN) Great Rivers Behavioral Health Lifeline Connections National Suicide Prevention Lifeline Olympic Health & Recovery Services Trevor Project Lifeline Trans Lifeline Text "TALK" to 741741 Willapa Behavioral Health

# **Dental Care**

Family Health Center Pacific County Public Health & Human Services Shoalwater Bay Indian Tribe Behavioral Health & Wellness Valley View Health Center

# **Disability Services**

The Arc of Grays Harbor BASICS Northwest Center for Children With Special Needs Coastal Community Action Program (CCAP) Crisis Support Network Department of Social & Health Services (DSHS) Developmental Disabilities Administration (DDA) Family Health Center at North Beach Home & Community Services Olympic Area Agency on Aging (OAAA) Pacific County Dept. of Health & Human Services

# **Education & Literacy**

Aberdeen All-Star Driving School **AARP Driver Safety Classes** Apple Blossom Learning Center Cascade Driving School Center for Children With Special Needs Clatsop Community College (CCC) Early Childhood Education & Assistance Program Early Steps to School Success Early Support for Infants & Toddlers **ESD 112 ESD 113** Grays Harbor College Head Start Junior Preschool (North County) Naselle School District National Center for Homeless Education at SERVE National Migrant Education Hotline North River School District **Ocean Beach School District** Olympic Area Agency on Aging Pacific Country Fire District #1 Pacific County Public Health & Human Services Playgroup (North County) Raymond School District/Preschool Sea School Cooperative

South Bend School District/Childcare/Preschool Tongue Point Job Corps Center Washington Higher Education Coordinating Board Washington PAVE Willapa Valley School District/Preschool US Dept. of Education

# **Emergency/Safety Services**

**Coastal Community Action Program** (CCAP) **Community Emergency Response Team** (CERT) Long Beach Police Department (LBPD) LBPD Community/Neighborhood Watch Pacific County Emergency Management Pacific County Public Health & Human Services Pacific County Sheriff's Office **Raymond Police Department** Shoalwater Bay Police Department South Bend Police Department Washington State Department of Fish & Wildlife Washington State Liquor & Cannabis Board Washington State Patrol Willapa Behavioral Health Mobile Crisis **Team HOPE Line** 

# **Employment**

Children With Special Healthcare Needs Coastal Community Action Program (CCAP) Dept. of Vocational Rehabilitation (DVR) Developmental Disabilities Program ResCare Timberland Regional Library Washington Initiative for Supported Employment WorkSource

# Food/Feeding Services

Chauncey Davis Backpacks for Kids Program Chinook Food Bank Coastal Community Action Program (CCAP) Community Garden of First Lutheran South Bend The Community Table Dept. of Social & Health Services (DSHS) Family Food Line His Supper Table Ilwaco Senior Center Legacy Community Outreach Church Food Bank North Pacific County Food Bank North River Food Bank Ocean Park Food Bank Pacific County Public Health & Human Services Shoalwater Bay Food Bank St. Vincent de Paul Food Bank Weekend Food4Kids Backpack Program West End Food Pantry

# **Goods/Clothing**

All Seasons Kidstuff The Arc of Grays Harbor Classy Ladies Thrift Store Developmental Disabilities Administration (DDA) Families Helping Families Grace Community Thrift Store Goodwill His Supper Table Thrift Store Ilwaco High School Fire Attire New Life Fellowship Thrift Store Pennywise Thrift Shop Reachout Ministries Thrift Store St. Vincent de Paul WorkSource

# **Healthcare**

Coastal Family Health Astoria Coast Pregnancy Clinic Columbia Memorial Hospital DaVita Sewview Dialysis Center Department of Social & Health Services (DSHS) Family Health Center at North Beach Harbors Home Health & Hospice Naselle Clinic Ocean Beach Hospital & Medical Clinic Ocean Park Clinic Pacific County Public Health & Human Services Pacific Family Health Center Shoalwater Bay Indian Tribe Behavioral Health & Wellness Center Valley View Health Center Washington PAVE Willapa Family Medicine Willapa Harbor Hospital

# **Health Insurance**

Developmental Disabilities Administration (DDA) Family Health Center Olympic Area Agency on Aging (OAAA) Washington Prescription Drug Program Washington State Insurance Commissioner

# **Housing**

Alder House Assisted Living Circle of Life Adult Foster Care Coastal Community Action Program (CCAP) Driftwood Point Apartments Friends & Family Adult Care Golden Sands Senior Community Pacific Pearl Supported Housing Pacific Sands Apartments Willapa Behavioral Health

# **In-Home Care**

Catholic Community Services of Western Washington Coastal Community Action Program (CCAP) Harbors Home Health & Hospice Visiting Angels

# Legal & Mediation Services

Child Protective Services (CPS) Children's Administration CLEAR\*Sr Columbia Legal Services Dispute Resolution Center Northwest Justice Project Pacific County Juvenile Department Pacific County Legal Advice Clinic Tax Aide Thurston County Volunteer Legal Services Willapa Behavioral Health

# Mental/Behavioral Health

American Behavioral Health Systems (ABHS) Astoria Rescue Mission **BASICS** Northwest CrisisChat.org Dept. of Vocational Rehabilitation (DVR) **Evergreen Treatment Services** Family Health Center at North Beach Free By The Sea Great River Behavioral Health Lifeline Connections National Suicide Prevention Lifeline **Olympic Health & Recovery Services** Pacific County Public Health & Human Services Shoalwater Bay Indian Tribe Behavioral Health & Wellness Text "TALK" to 741741 **Trans Lifeline Trever Project Lifeline** True North/ESD 113 Student Assistance Valley View Health Center Willapa Behavioral Health

# Senior Services

Adult Protective Service (APS) AARP Driver Safety Classes Alder House Assisted Living Circle of Life Adult Foster Care CLEAR\*Sr Coastal Community Action Program (CCAP) Friends & Family Adult Care Golden Sands Senior Community Home & Community Services Ilwaco Senior Center Olympic Area Agency on Aging (OAAA) Tax Aide

# **Transportation**

Catholic Community Services of Western Washington Coastal Community Action Program (CCAP) Dial-a-Ride Pacific County Transit Royal Cab WorkSource

# <u>Veterans</u>

American Legion Post 150 American Legion Post 111 American Legion Post 48 American Legion Post 140 AMVETS Developmental Disabilities Administration (DDA) Disabled American Veteran Don R. Grable Post 48 Marine Corps League Veteran Integration Program Veterans Pacific County Program VFW Post 968 VFW Post 3721

# ALCOHOL & DRUG ABUSE

# **North County**

### **Lifeline Connections**

South Bend Office 1006 Robert Bush Dr. W South Bend, WA 98586 (360) 787-9319

# **True North Student Assistance- ESD 113**

True North Student Assistance and Treatment Pacific County Regional Branch Office 1016 Commercial St. Raymond, WA 98577 (360) 942-3271 www.esd113.org

Provides assessments, outpatient and intensive outpatient drug and alcohol treatment services for youth in north Pacific County.

# Shoalwater Wellness Center- Behavioral Health

2373 Old Tokeland Rd.Tokeland, WA 98590(360) 267-8141shoalwaterbay-nsn.orgMental health and substance abuse treatment services.

# Willapa Behavioral Health

300 Ocean Ave. Raymond, WA 98577 (360) 942-2303 www.willapabh.org

Hours: Monday-Thursday, 9:00 am-7:00 pm; Friday, 9:00 am-5:00 pm Community mental health and chemical dependency (drug and alcohol) treatment and support services. Outpatient, intensive outpatient, case management, alcohol drug information school (ADIS), referrals to inpatient care.

# **South County**

# Free by the Sea

25517 Park Ave. Ocean Park, WA 98640 (800) 272-9199, (360) 665-4494 freebythesea.com Residential drug addiction and rehabilitation center.

#### **Pacific County Health Department**

7013 Sandridge Rd.Long Beach, WA 98631(360) 642-9349Mental health for youth and adults.

#### Willapa Behavioral Health

2204 Pacific Ave. N Long Beach, WA 98631 (360) 642-3787 <u>www.willapabh.org</u> Hours: Monday-Thursday, 9:00 am-7:00 pm; Friday, 9:00 am-5:00 pm Community mental health and chemical dependency (drug and alcohol) treatment and support services. Outpatient, intensive outpatient, case management, alcohol drug information school (ADIS), referral to inpatient care.

# Out of county

# Astoria Rescue Mission

62 West Bond St. PO Box 114 Astoria, OR 97103 (503) 325-6243 or (503) 440-0789 armission@gmail.com www.astoriarescuemission.com Offers a Christian-centered detox program.

# **American Behavioral Health Systems** (ABHS)

(360) 266-5029 Detox center, takes walk-ins and state health insurance.

# **Evergreen Treatment Services**

804 Levee St. Hoquiam, WA 98550 (855) 885-8604 or (360) 209-6339 evergreentx.org

# **Olympic Health & Recovery Services**

Designated Crisis Responder (360) 754-1338 or (800) 270-0041

Substance Abuse and Mental Health Services Administration (SAMHSA) (877) 726-4727 Locate a detox center at https://www.samhsa.gov/

# <u>ALCOHOLICS</u> <u>ANONYMOUS/RECOVERY</u> <u>MEETINGS:</u>

# North County

# **Narcotics Anonymous**

Behind Dennis Company in the church building (former appliance center) in Raymond, WA. Hours: Monday/Wednesday/Thursday, 7:00 pm

Alcoholics Anonymous (Nooner Discussion) Open Meeting 103 South Adams South Bend, WA 98586 Hours: Monday and Friday, 12:00 pm Alcoholics Anonymous (Valley Group) Open Meeting United Methodist Church 969 Willapa First St. Raymond, WA 98577 Hours: Sunday, 6pm

# South Bend Book Study Open Meeting

First Lutheran Church 103 Adams St. South Bend, WA 98586 Hours: Thursday, 6:00pm

# **Crystal Meth Anonymous**

First Presbyterian Church 420 North Broadway Aberdeen, WA 98520 (360) 581-8310 Hours: Tuesday and Friday, 5:30 pm

# South County

# Alcoholics Anonymous (Peninsula Group)

811 Pacific Ave #3 Long Beach, WA 98631 Hours: Monday: 6:30 am, 12:00 pm, 8:00 pm Tuesday: 6:30 am, 12:00 pm, 6:00 pm (women), 8:00 pm (men) Wednesday: 6:30 am, 12:00 pm, 8:00 pm Thursday: 6:30 am, 12:00 pm, 8:00 pm Saturday: 6:30 am, 12:00 pm, 8:00 pm Sunday: 6:30 am, 10:00 am, 12:00 pm, 8:00 pm

# Alcoholics Anonymous (Ocean Park Women's Group) Ocean Park Lutheran Church

24002 U Street Ocean Park, WA 98640 Hours: Sunday at 5:00pm

# Alcoholic's Anonymous Ocean Park (Open Meeting)

Ocean Park Methodist Church 1202 262nd Pl. Ocean Park, WA 98640 Hours: Monday/Wednesday/Friday at 7:30 pm

# **Alcoholics Anonymous**

Golden Sands 21608 O Ln. Ocean Park, WA 98640 Hours: Fridays at 1:30 pm

15915 Sandridge Rd. Long Beach, WA 98631 Hours: Tuesday at 5:30 pm

Jordan's Hope for Recovery

http://jordanshope.org

# **Peace of Mind Pacific County**

PO Box 708 Ocean Park, WA 98640 (866) 67POMPC (1-866-677-6672) peaceofmindpacificounty@pompc.org

Mission: To help all residents of Pacific County, Washington understand and advocate for brain and behavioral health, through education, events, and community partnerships.

# ANIMALS/VETERINARY SERVICES

# **North County**

Harbor Association of Volunteers for Animals (HAVA)

431 2<sup>nd</sup> St. P.O. Box 243 Raymond, WA 98577 (360) 942-4716 hava-heart.org Hours: Wednesday, 3:00 pm-6:00 pm/First and third Saturday, 10:00 am-2:00 pm Pet food available for low income families, plus low cost spay and neuter clinic. Application can be found on their website.

# **Vetters Animal Hospital**

2420 Ocean Ave. Raymond, WA 98577 (360) 942-3440

# <u>CHILDCARE</u>

# **North County**

# **Apple Blossom Learning Center**

3303 Oldani Rd. Raymond, WA 98577 (360)875-8237

# **Dispute Resolution Center**

207 S. Chehalis St. #301 Aberdeen, WA 98520 (360) 532-8950 www.drcghp.org

- **Divorce Parenting Plans Support:** Support for court-mandated parenting plans.
- **Mediations:** Elder care mediation; parent/teen mediation; workplaceconflict mediations; business and neighborhood mediations (open to the general public.)
- Facilitation and Trainings: Meeting facilitation; team building; conflict-management training; communication training; custom trainings.

# **Olympic Area Agency on Aging**

430 3rd. Street Raymond, WA (888) 571-6557 or (360) 942-2177 (local) o3a.org

- Washington Health Benefit Exchange (HBE)/WA Health-Plan Finder: For assistance signing up for ACA insurance plans.
- Family Caregiver Support Services: Support for those acting as caregivers to their families.

#### South Bend Early Childhood Center

409 East First St. South Bend, WA 98586 (360) 875-5327

# South County

### **Families Helping Families**

Family Worship Center 26310 Ridge Ave. Ocean Park, WA 98640 (360) 777-3717 Second Saturday of the Month, 12:00pm-2:00pm Gently used clothing for the entire family, personal-hygiene products, cleaning products, bedding

# **Olympic Area Agency on Aging**

1715A Pacific Hwy. N Long Beach, WA 98631 (888) 571-6558 or (360) 642-3634 (local) o3a.org

#### Peninsula Church Center Daycare

5000 N Pl. Seaview, WA 98644 (360) 642-3941

#### **Out of county**

Child Care Action Council (800) 845-0956 ccac.org

**Child Care Aware of SW Washington** 2500 NE 65th Ave. Vancouver, WA 98661-6812 (360) 750-7429 or (877) 803-3287 childcarenet.org

# YOUTH PROGRAMS & PARENT EDUCATION:

# **North County**

# **Big Brothers Big Sisters of Southwest** Washington in Pacific County

www.swwabigs.org P.O. Box 633

Seaview, WA 98644 (360) 742-9073

**Mentoring program:** "Littles" must attend school in Pacific County. "Bigs" must be at least 14 years of age and commit to a year as a mentor.

#### **Children's Administration**

307 E Robert Bush Dr.
South Bend, WA
360-875-4200,
CPS investigations, Family-Assessment
Response, and foster-care services.
Referrals needed or requested by family,
then connected with community providers or
assisted with payment for contracted
providers.

# **Dispute Resolution Center**

207 S. Chehalis St. #301 Aberdeen, WA 98520 (360) 532-8950

- **Parent/Teen Mediation:** Offered through Superior Court at the Juvenile Center, open to the general public.
- **Triple P Parenting Program:** Oneon-one and group parenting education for parents with children up to age 11.
- **Divorce Parenting Plans:** Support for court-mandated parenting plans.
- Conflict-management training; victim/offender mediation, workplace mediation; effective communication courses.

# Pacific County Public Health & Human Services

(360) 875-9343/(360) 642-9349 http://pacificcountyhealthdepartment.com Parent education, court ordered CPS and coparenting (divorce) parenting classes. Maternal Support Services Program, WIC nutrition education, familyplanning services, substance abuse prevention/mental health promotion programming, and more.

# **Pacific County Youth Alliance**

(360) 214-1520 www.pacificcountyyouth.org www.facebook.com/Pacific-County-Youth-<u>Alliance</u> pcya@willapabh.org

Community events calendar, youth serving organizations directory, volunteer, scholarship, and employment opportunities, Pacific County Resiliency Corps team information, resources, grant guide.

**Timberland Regional Library** (800) 562-6022

# www.trl.org

Storytimes, including Mother Goose Play Group, providing opportunities for children and their caregivers to join in with stories, songs, group games, and free play, with a focus on early literacy.

# Washington State University (WSU) Pacific County Extension

1216 W Robert Bush Drive P.O. Box 88 South Bend, WA 98586 (360) 875-9331 www.facebook.com/pacific-county-4-h 4-H youth development

# South County

# Boys & Girls Club of the Long Beach Peninsula

404 School Rd. Ilwaco, WA 98624 P.O. Box 1172 Long Beach, WA 98631 (360) 642-8668 longbeachgc.com After school program & tutoring for youth aged six-18, parent & family enrichment activities.

# **Big Brothers Big Sisters of Southwest** Washington in Pacific County

404 School Rd. Ilwaco, WA 98624 P.O. Box 633 Seaview, WA 98644 (360) 783-1091 www.swwabigs.org

Mentoring program: "Littles" must attend school in Pacific County. "Bigs" must be at least 15 years of age and commit to a year as a mentor.

# Camp Victory P.O. Box 711 Ocean Park, WA 98640 www.campvictoryforchildren.org

Healing residential camp for children and teens (ages five-18) from Grays Harbor and Pacific counties who are survivors of sexual abuse. No cost.

### **Children's Administration**

2601 Pacific Hwy Long Beach, WA 98631 (360) 642-6235 CPS investigations and Family Assessment Response; CPS investigations and foster care services; referrals needed or requested by family, then connected with community providers or assisted with payment for contracted providers.

# **Pacific County Youth Alliance**

(360) 214-1520 www.pacificcountyyouth.org www.facebook.com/Pacific-County-Youth-<u>Alliance</u> pcya@willapabh.org

Community events calendar, youth serving organizations directory, volunteer, scholarship, and employment opportunities, Pacific County Resiliency Corps team information, resources, grant guide.

# Pacific County Public Health & Human Services

(360) 875-9343/(360) 642-9349 http://pacificcountyhealthdepartment.com

Parent education, court ordered CPS and Co-Parenting (Divorce) parenting classes. Maternal Support Services Program, WIC nutrition education, family planning services, substance abuse prevention/mental health promotion programming, and more.

# **Peninsula Baptist Church**

23802 Pacific Hwy. Ocean Park, WA 98640 www.peninsula-baptist.com

# **Teen Advocacy Coalition**

(360) 942-2303, ext. 305

#### http://pacificcountytac.org pacificcountytac@gmail.com

Mission is to create connections and promote prosocial activities and avenues for teen involvement that will strengthen mental health and reduce substance abuse. Peer helper program, Safe Homes parent network.

### **Timberland Regional Library**

(800) 562-6022

#### www.trl.org

Storytimes, including Mother Goose Playgroup, providing opportunities for children and their caregivers to join in with stories, songs, group games, and free play, with a focus on early literacy.

# WellSpring Community Network

(360) 642-9349

# http://wellspringpacific.org

Meets the 2<sup>nd</sup> Tuesday of each month at 3:00 at 7013 Sandridge Road in Long Beach.

- Youth Empowerment Squad (YES) & Youth Action Klub (YAK): Led by youth and partnered with WellSpring for events such as Red Ribbon Week and Safe Prom/Safe Graduation
- **Parent Enrichment Team:** Provides best practice parenting classes and family enrichment.
- **Community Trainings:** Mental Health First Aid workshop for volunteers and local service providers.
- **Prescription Drug Take Back:** Host events that allow community

members to safely dispose of unused prescriptions.

# **Out of county**

# The Arc of Grays Harbor

W. First St. Aberdeen P.O. Box 1794 WA 98520 (360) 537-7000

- Intellectual and Developmental Disability Resource Center: Onestop access to information regarding goods and services related to meeting the needs of those with intellectual and/or developmental disabilities, including access to information available to anyone with questions regarding developmental disabilities. Some programs have specific requirements.
- **Sports and Fitness:** Competitive sports and fitness activities to promote healthy lifestyles.
- **Parent to Parent:** Assists parents and families that have children with special needs.
- Arcin' Round the Community: People of all ages and abilities participate in activities in the community, promoting inclusion.

# **PCAP-Parent Child Assistance Program** (360) 249-0005

# <u>COMMUNITY</u>

# GOODS/CLOTHING: North County

# **Grace Community Thrift Store**

108 Central Ave. South Bend, WA 98586 (360) 875-4097 Hours: Monday-Saturday, 10:00 am-4:00 pm

### New Life Fellowship Thrift Store

404 Commercial St, Raymond, WA 98677 360-942-5530, ext. 102 <u>facebook.com/newlifesecondchancethrift</u> Hours: Thursday and Friday, 11:00 am-4:00 pm; Saturday, 10:00 am-2:00 pm Operated by New Life Fellowship

### **Pennywise Thrift Shop**

213 Duryea St. Raymond, WA 98577 Hours: Monday-Friday, 11:00 am-4:00 pm (360) 942-2069

# South County

#### All Seasons Kidstuff Thrift Shop

786 State Route 101
Chinook, WA 98614
(360) 777-8697
Hours: Wednesday-Monday, 10:00 am-6:00
pm; Closed Tuesdays
Allseasonsresale.com
Starfish Program: A clothing program for anyone. Just mention the Starfish Fund.

#### **Classy Ladies Thrift Store**

811 Pacific Avenue #9 Long Beach, WA 98631 (360) 244-1755 and (360) 783-2265 Hours: Wednesday-Monday, 11:00 am-5:00 pm

**His Supper Table Thrift Shop** 911 Pacific Way N Long Beach, WA 98631 (360) 642-4105 Hours: Wednesday-Saturday, 11:00 am-4:00 pm

### Ilwaco High School Fire Attire

(Ocean Beach School District Clothing Pantry) 404 School Road Ilwaco, WA 98624 (360) 642-3731 Hours: Open during school hours. Free clothing shop for students.

### **Reachout Ministries Thrift Store**

1003 N. Pacific Hwy. Long Beach, WA 98631 (360) 642-2466 Hours: Tuesday-Saturday, 10:00 am-5:00 pm

#### **St. Vincent de Paul** P.O. Box 648

Seaview, WA 98644 (360) 642-8401 **Tangible Goods** Available on request.

# **Out of county**

Goodwill 1450 SE Discovery Ln. Warrenton, OR 97146 (503) 861-9517 Hours: Monday-Saturday, 9:00 am-9:00 pm; Sunday 10:00 am-8:00 pm

# **RECREATION:**

# North County

**Boy Scouts** Troupe 4036 South Bend First Baptist Church of South Bend PO Box 147 South Bend WA 98586 Meets on Monday, 7:00-8:30 pm

# Dr. O.R. Nevitt Memorial Swimming Pool

456-B 5th St. Raymond, WA 98577 (360) 942-4151 <u>http://cityofraymond.com/swimmingpool.ht</u> <u>m</u> Outdoor swimming pool.

# **Future Farmers of America (FFA)**

Willapa Valley FFA 22 Viking Way Raymond, WA 98577

# North County Youth Sports

Tessa Clements (360) 942-7457

#### **Raymond Theater**

323<sup>1</sup>/<sub>2</sub> 3rd St. Raymond, WA 98577 (360) 942-4127 <u>www.raymondtheater.com</u> Call or visit website for upcoming events and live performances.

#### **Sunday Afternoon Live**

www.sundayafternoonlive.org sal@reachone.com (360) 836-4419

**Timberland Regional Library** 1-800-562-6022 www.trl.org

Raymond Library 507 Duryea St. Raymond, WA 98577 (360) 942-2408 Hours: Tuesday/Thursday, 10:00 am-7:00 pm; Wednesday/Friday/Saturday, 10:00 am-5:00 pm

# Shoalwater Bay Tribal Comm. Library

4115 St. Rt. 105 Tokeland, WA 98590 (360) 267-8190 Hours: Tuesday-Saturday, 10:00 am-6:00 pm

# **4-H / Washington State University Pacific County Extension**

1216 W. Robert Bush Drive South Bend, WA 98586 (360) 875-9331

Youth development program, food preservation resources, pressure gauge testing, and Master Gardener advice.

# Willapa Harbor Quilters

First Baptist Church of Raymond 913 Duryea St, Raymond, WA 98577 (360) 934-5567 Meetings each Tuesday (exceptions in August and December).

# Willapa River Beekeeping Club

gfriedla@comcast.net

# **South County**

# Boys & Girls Club of the Long Beach Peninsula

404 School Road Ilwaco, WA 98624 (360) 642-8668 <u>www.longbeachbgc.com</u> Offers after school and summer programs.

#### **Boy Scouts**

Troop 4028: Long Beach- Elks Lodge 1937

Pack 4029: Seaview- Peninsula Church Center, PO Box 268 Seaview, WA 98644 rlindsay@yahoo.com

### The DUNES Bible Camp and Pool

Camp: 360-665-5380; Pool: 360-665-5542 23515 Pacific Way Ocean Park, WA 98640 <u>www.dunesbiblecamp.com</u> Camp rentals for Christian groups. Scholarships for pool use are available for Pacific County residents through the Verna Oller Trust.

#### Future Farmers of America (FFA) Ilwaco FFA

404 School Road Ilwaco, WA 98624 **Cathlamet FFA** 500 S 3rd Street Cathlamet, WA 98612

# Long Beach Elks

110 N. Pacific Hwy Long Beach, WA
(360) 642-2651
Meets second and fourth Wednesdays;
Second Wednesday only in November and December.
Hoop Shoot Basketball programs, open to all youth.
Partners with Backpacks4Kids. Scholarships available. Drug awareness.

# **Ocean Park Retreat Center**

28511 Vernon Ave. P.O. Box C Ocean Park, WA 98640

# www.opretreat.org

(360) 665-4367 Lodge and dining accommodations available to rent, summer camps and a variety of activities.

#### Early Childhood Education: Love, Laughter & Learning Center Preschool

Carole Scheer (360) 665-4367 https://opretreat.org/preschool/#

# **Peninsula Youth Sports**

Call Boys and Girls Club to inquire (360) 642-8668 <u>http://www.longbeachbgc.com/peninsula-youth-sports/</u>

# Peninsula Quilt Guild

Peninsula Church Center 5000 N Pl. Seaview, WA 98244 Meets monthly on the second Monday.

### **Timberland Regional Library**

1-800-562-6022 www.trl.org **Ilwaco Library** P.O. Box 520 158 First Ave. N Ilwaco, WA 98624 (360) 642-3908 Hours: Tuesday/Thursday, 10:00 am-6:00 pm; Wednesday/Friday, 10:00 am-5:00 pm; Saturday, 10:00 am-4:00 pm **Naselle Library** P.O. Box 190 4 Parpala Rd. Naselle, WA 98638 (360) 484-3877 Hours: Tuesday/Wednesday, 11:00 am-8:00 pm; Friday, 11:00 am-5:00 pm, Saturday, 11:00 am-4:00 pm **Ocean Park Library** P.O. Box 310 1308 256<sup>th</sup> Pl. Ocean Park, WA 98640 (360) 665-4184 Hours: Tuesday, 10:00 am-6:00 pm; Wednesday, 10:00 am-7:00 pm;

Thursday/Friday/Saturday, 10:00 am-5:00 pm

# **Out of county**

# Astoria Parks and Recreation & Aquatic Center

1997 Marine Dr. Astoria, OR 97103 (503) 325-7027 (Astoria Aquatic Center) (503) 325-7275 (Astoria Parks and Recreation)

#### www.astoriaparks.com

Year-round swimming, swimming lessons and fitness classes. Parks and Rec provides a wide variety of activities for all age groups. Free swimming available for Pacific County residents through the Verna Oller Trust.

# **Port of Play**

#### www.astoriaparks.com/

785 Alameda Ave.
Astoria, OR 97103
(503) 325-8669
Saturday and Sunday, 10:00 am-4:00 pm
\$3.75 per child
Provides hands-on recreational activities for children; scholarships available.

# MENTAL/BEHAVIORAL HEALTH RESOURCES

#### WILLAPA BEHAVIORAL HEALTH:

Twenty-four hours a day: (800) 884-2298 North Pacific County (360) 942-2303 South Pacific County (360) 642-3787

#### **LIFELINE CONNECTIONS:**

1006 Robert Bush Dr. W South Bend, WA 98586

South Bend Office: (360) 787-9315

# **GREAT RIVERS BEHAVIORAL HEALTH:**

Pacific County (800) 884-2298

# NATIONAL SUICIDE PREVENTION LIFELINE:

Twenty-four hours a day: (800) 273-TALK (8255)

Online chat: suicidepreventionlifeline.org

# **CrisisChat.org**

### **TREVOR PROJECT LIFELINE:**

(866) 488-7386 (trained volunteers) Text and chat: thetrevorproject.org

# **TRANS LIFELINE**

(877) 565-8860 translifeline.org

# COASTAL COMMUNITY ACTION PROGRAM (CCAP)

North County: 500 W Robert Bush Dr. South Bend, WA 98586 (360) 875-4123

South County: 1505 Pacific Ave N Long Beach, WA 98631 (360) 642-6100

www.coastalcap.org

#### Services:

### **Health & Nutrition**

- Senior Nutrition Program/Meals On Wheels: Food is served at five senior centers, five days a week from 11:30 am to 1:00 pm. Frozen meals are delivered to clients that are homebound or outside the city limits. A donation of \$3.50 (or \$8 for those under age 60) is suggested. Senior citizens county-wide are eligible.
- HIV Case Management & Services: Offers support and case management services to persons living with HIV/AIDS. These services are provided free of charge in cooperation with the Washington Department of Health.
- Emergency Food Assistance Program (EFAP) and Commodities Supplemental Food Program (CSFP): In collaboration with Coastal Harvest, CCAP assists food banks and supplies food to households in need.

#### **Housing & Energy Services**

- Emergency Food & Shelter Program (EFSP): Rental assistance for eviction prevention.
- Home Weatherization Assistance Program: Assists low-income community with making homes more heat efficient.
- Homeless Assistance: Provides a variety of programs in individuals experiencing homelessness.

- **Rental Assistance:** Assists eligible families with one month rent to help avoid eviction.
- Low-Income Home Energy Assistance Program (LIHEAP): Assists with home energy costs county-wide for those who meet income requirements.

# **Home-Care Services**

- **In-Home Care:** In-home caregivers offer non-medical services to seniors, disabled, those recovering from surgery, and others in need of assistance in the safety of their own home.
- **Philips Lifeline:** Lifeline Medical Alert Service

# **Employment Support and Volunteer** Services

• Supported Employment and DVR Services: Facilitates competitive jobs in integrated work settings for individuals with mild to severe disabilities for whom employment has been difficult, or who need ongoing support services in order to perform their jobs.

# **WorkFirst Services:**

- Temporary Assistance for Needy Families (TANF): A temporary cash assistance program to help lowincome families stabilize their lives.
- Retired and Senior Volunteer Program (RSVP): Enlists residents over the age of 55 to assist non-profit agencies with day-to-day operations, projects, and events.

# **Transportation:**

- Employment Transportation/Job Access & Remote Commute (JARC) Program
- Medical Transportation

# **Community Services:**

- **Personal Hygiene Packs:** Provide low-income individuals and families with basic hygiene items such as soap, toothpaste, laundry soap, toothbrushes, deodorant, shampoo, etc.
- **Representative Payee Program:** Provides low-income individuals with rides to work or training.
- United Way Emergency Fund: Funds may be available for dental, prescriptions, water bills, and some miscellaneous services.

# **CRISIS SUPPORT NETWORK**

# North County CSN

762 Ballentine St. Raymond, WA 98577 (360) 875-6702 (800) 435-7276 www.crisis-support.org

# South County CSN

318 2<sup>nd</sup> St. SE Long Beach, WA 98631 (360) 642-0095

# **Services Offered:**

• **Project Warm Heart/PUD** Assistance : The money from this contract with the PUD is to assist residents of Pacific County to prevent disconnection of electricity services. Must have PUD account in their name with a past due balance, in danger of being disconnected, or in need of a deposit. Assistance is limited to once per 12-month period. Maximum amount that can be paid per household is \$300 and does not include late/reconnect fees. Client is eligible if under 150% of Federal Poverty Level (FPL) for household size.

- **Support Groups:** For existing sexual assault or domestic violence clients. Client needs to contact an advocate to complete paperwork before attending meeting.
- Domestic Violence Advocacy: Provides shelter, legal and medical services, and systems advocacy, 24/7. CSN operates a confidential shelter for domestic violence victims, as well as safety planning and advocacy-based counseling. Advocates act in support of victims when working with public service providers, courts; aids victim in filling out necessary paperwork to obtain a protection order from their abuser. Must be a current or past victim or survivor of domestic violence.
- Sexual Assault Advocacy: Provides 24/7 crisis intervention and information, legal advocacy, medical advocacy, general advocacy, and systems coordination to victims of sexual assault and abuse. Also provides community education regarding prevention through social change and skill building. Advocates support of victims when working with public service providers and courts, and aids victims in obtaining

medical care if necessary. Must be a current or past victim or survivor of sexual assault.

- Specialized Services: Provides specialized therapy and medical social work services to sexual assault victims.
- Crime Victims' Advocacy: For victims of a general crime (not relating to domestic violence or sexual assault), including identity theft, vehicular assault, vehicular homicide, robbery, hate crimes, child physical abuse, assault, homicide, property crimes/burglary, DUI/DWI Injuries, vulnerable adult abuse, and trafficking.
- Crime Victims' Compensation: Program provides medical, mental health and financial assistance to eligible victims or survivors of crime. Explanation and assistance when completing the applications is available, as well as assistance with the appeal process if the application is denied.
- Children's Advocacy Center: Multidisciplinary team of professionals to investigate cases of reported child abuse and cases in which a child may have been a witness to a crime. Together, we work with police, prosecutors, social workers, advocates, medical and mental health professionals and others to provide high-quality, specialized services for abused children and their families.

# DEPARTMENT OF SOCIAL & HEALTH SERVICES (DSHS)

### **North County:**

307 E Robert Bush Dr. South Bend, WA 98586

#### **South County:**

2601 Pacific Ave. N Long Beach, WA 98631

#### (877) 501-2233 www.dshs.wa.gov

- Supplemental Nutrition Assistance Program (SNAP)/Food Stamps
- Temporary Assistance for Needy Families (TANF): Must have dependent children under the age of 18 and meet income criteria. Required to participate in Work First.
- Aged, Blind & Disabled (ABD): Statewide ssistance available to those who are over age 65, blind or have a long-term condition, and are likely to meet federal disability requirements with income below \$197 per month. Cannot be eligible for TANF, State Family Assistance (SFA) or Supplemental Security Income (SSI).
- **Diversion Cash Assistance**: Once in a 12-month period for families who would qualify for TANF but will have income to meet their needs over the next 12 months.

# DEVELOPMENTAL DISABILITIES

**ADMINISTRATION (DDA):** Employment support for the developmentally disabled, must be a client of DDA.

307 E. Robert Bush Dr. South Bend, WA (360) 875-4244 (800) 458-3747 Ext. 5 www.dshs.wa.gov/ddd

- Washington Telephone Assist Program: Discount local telephone program that allows customers to pay \$4 per month (plus taxes) for service. Can be accessed by calling local telephone company and providing DSHS client ID number to complete eligibility process. Statewide, must be an adult receiving DSHS benefits.
- Additional Requirements for Emergent Needs (AREN) Program: Emergency funding for those already on TANF, SFA or Refugee Cash Assistance (RCA), but have an imminent eviction, power shut-off, or other emergent need (\$750 lifetime max).
- Tangible Goods: Clothing vouchers for parents in the WorkFirst program, and small supply of donated clothing and coats on site in the Long Beach office. Also provided are diapers for children who must be in daycare while parents look for work. Office staff keeps small supply of personal hygiene items for those who need them.
- **Childcare Subsidies:** Income, schedule and size of household used to determine eligibility.

- Medicare, Medicaid, Affordable Care Act (ACA) Insurance: \*\*\*\* This program is no longer managed by DSHS. Please refer to Washington Health Benefit Exchange (HBE) at Klipsan Beach Family Health Center, Ocean Beach Hospital, or Olympia Area Agency on Aging. DSHS does classic medical for those 65+ or under 65 and on Medicare. They can apply online or come into the office, Mon-Fri, 8-2 to apply.
- Veterans Integration Program: (360) 442-4157 or (866) 255-4157.

Local DSHS offices have red phones in the lobby that connect directly to HBE (for medical), and WECC (for childcare).

# FAMILY HEALTH CENTER

Family Health Center/North Beach Clinic 21610 Pacific Hwy. Ocean Park, WA 360-665-3000 www.cowlitzfamilyhealth.org

# **Medical Services:**

- Primary medical care.
- Preventative care including wellchild check-ups, immunizations and annual exams.
- Treatment and management of chronic diseases.
- Care when you are ill.
- Prescription drug assistance programs.
- Referrals for specialty care.

# **Dental Services:**

- Primary preventative care including exams, X-Rays, cleanings and sealants.
- Restorative services, fillings, root canals and crowns.
- Emergency services, extractions and referrals for specialty care.

# Family Planning:

- Comprehensive and confidential services including birth control exams and supplies.
- Diagnosis and treatment of sexually transmitted infections.
- Pregnancy testing and counseling.
- Sterilization testing and counseling.
- Referrals for specialty care.

# **Integrated Behavioral Health:**

- On-site mental health specialists work closely with primary care providers to coordinate patient care.
- Provide brief counseling.
- Medication management.
- Referrals for specialty care.

# Health Insurance Enrollment Assistance:

- Free and unbiased assistance with health insurance enrollment under the Affordable Care Act including WA Apple Health (Medicaid) enrollments and renewals.
- Qualified Health Plan enrollment and renewals through the state marketplace.

**Payment:** Family Health Center accepts WA Apple Health (Medicaid), Medicare, Tricare, most private insurance.

# **GRAYS HARBOR COLLEGE**

Riverview Education Center (North) 600 Washington Ave. Raymond, WA 98577 Phone: (360) 538-4023 Fax: (360) 875-9467 www.ghc.edu/locations/riverview www.facebook.com/GHCPacificCounty Hours: Monday-Thursday, 8:00 am-5:00 pm Closed Fridays

Columbia Education Center (South) 208 Advent Ave. SE Ilwaco, WA 98624 Phone: (360) 538-2539 Fax: (360) 642-9434 <u>www.ghc.edu/locations/columbia</u> Hours: Monday-Thursday, 8:00 am-5:00 pm Closed Fridays

- WorkFirst: Helps students receiving Temporary Assistance for Needy Families (TANF) to access childcare, skills training, and additional support services while attending Grays Harbor College. www.ghc.edu/studentservices/workforce-funding
- Tech Prep: Dual-credit courses at area high schools (Ilwaco, South Bend, Naselle, Raymond, & Valley)

   enrollment forms submitted by school who will submit to GHC.
   Students will have access to transfer credits (must check with admissions at college of choice) when they enroll in college.
   www.ghc.edu/techprep
- **Running Start Program**: Allows high-school students to enroll in college classes. Students have access

to transfer credits (must check with admissions at college of choice) when they enroll in college. Must complete GHC placement tests and be a high school student under age 21. Available in Ocean Beach, South Bend, Naselle, Raymond, and Willapa Valley school districts. www.ghc.edu/academics/runningstar t

- English Language Acquisition: English as a Second Language (ESL) classes help students develop their speaking, reading, writing, and listening skills in the English language.
   www.ghc.edu/academics/transitions/ english-language-acquisitioningl%C3%A9s
- **Transitions:** Adult Basic Education. Classes for persons working towards earning their GED or high school diploma, or for those who need to bring their skills up to college level. <u>www.ghc.edu/academics/transitions/</u> <u>finish-high-school</u>
- **GED Testing:** The GED test is designed to measure the academic outcomes normally acquired by completing a typical high school program of study. Earning a GED provides opportunities to pursue higher education, obtain jobs or job promotions, and achieve personal goals.

www.ghc.edu/admissions/highschool-equivalency-ged-testing

• **Basic Food Employment & Training (BFET):** Helps students on food assistance to access childcare, skills training, and additional services while attending college. Must not be receiving TANF. https://www.ghc.edu/student-

services/workforce-funding

- Academic Transfer Degree: GHC offers Associate of Arts (AA) and the Associate in Business degrees through Direct Transfer Agreement in its Pacific County Education Centers, in addition to several certification programs.
- **Degree Options:** GHC offers both two and four year degree programs.
- **Continuing Education:** Personal enrichment and employability skills enhancement through non-credit courses.

# OLYMPIC AREA AGENCY ON AGING (OAAA)

North County 430 3<sup>rd</sup> St. Raymond, WA 98577 (360) 942-2177 South County 1715 N Pacific Hwy. Long Beach, WA 98631 (360) 642-3634 www.o3a.org

O3A provides a network of in-home and community services, support, programs, and assistance to older adults and other qualified adults in Pacific County.

• Information & Assistance/Referral Services: WA Health Plan finder for

help signing up for Affordable Care Act.

- Family Caregiver Support Program and Relatives as Parents: Provides assistance for grandparents and other relatives acting as caregivers.
- Medicaid In-Home Care: Provides case management and senior legal advice clinics.
- Washington Health Benefits Exchange and Statewide Health Insurance Benefits Advisors (SHIBA)
- Medicare coverages including supplemental plans and Part D
- Rebuilding Together (South Pacific County only): Provides home repair services and coordinates volunteers to rehabilitate homes for those who qualify (low-income, the disabled, seniors, and young who are unable to complete repairs may be eligible).

# PACIFIC COUNTY PUBLIC HEALTH & HUMAN SERVICES

Pacific County Courthouse Annex (North County) Health & Human Services Dept. 1216 W Robert Bush Dr. South Bend, WA 98586 Phone: (360) 875-9343 Fax: (360) 875-9323 Hours: Monday-Thursday, 8:00 am-5:00 pm www.pacificcountyhealthdepartment.com South Pacific County Administration Facility (South County) Health & Human Services Dept. 7013 Sandridge Rd. Long Beach, WA 98631 Phone: (360) 642-9349 Fax: (360) 642-9352 Hours: Monday-Thursday, 8:00 am-5:00 pm

- Women, Infants, & Children (WIC): Provides vouchers for certain foods, nutritional education and resources in the community. County-wide, available to women and their children under age five and under 150% of poverty level.
- Maternal Support Services (MSS): Preventative health services including assessment, education, intervention and counseling. Countywide, on a sliding income scale to zero.
- **Family Planning:** Confidential and comprehensive services on a sliding fee scale including
  - Exams.
  - STD screening/treatment.
  - Pregnancy tests, birth control and counseling.
  - Plan B and referral for sterilizations.
- **Immunizations:** Distributes stateprovided vaccines to local providers and adolescent and adult immunization clinics.
- Vital Records: Preparation and information regarding birth and death certificates.

- Children with Special Healthcare Needs (CWSHN) Program: Development and health-status assessment resource, coordination and referral for children (up to age 18) with special healthcare needs.
- Access to Baby and Child Dentistry (ABCD): Provides referrals to ABCD dentists who are specially trained to treat infants and small children. One initial exam, two exams per year (six months apart), two parent-education sessions per year, and other dental work as needed. Available countywide to children birth to five years-old with Medicaid. This is a referral and education program.
- Parenting Classes:
  - Parenting classes for court ordered divorce/co-parenting.
  - Triple P (Positive Parenting Program), a free, individual parenting classes tailored to the needs of individual families.
  - Court ordered parenting classes for CPS involved families.
- Mental Health Promotion Programs: School based suicide prevention presentation, mental health first aid, and community based mental health promotion programs.
- Adventure Day & Substance Abuse Prevention Programming:
  - School based substance abuse prevention education on a low-ropes course.

- Community mobilization, coalition support and funding for Big Brothers/Big Sisters and other youth-serving agencies.
- Fiscal agent for the south county DFC grant through WellSpring.
- Medical Reserve Corps: Volunteer team coordinated by Public Health to allow medical as well as nonmedical community members the opportunity to contribute their skills during times of emergency such as an earthquake or pandemic, as well as participating in health-related activities throughout the year to improve the health and safety of communities across the county. To volunteer, please call 360-642-9349.
- WellSpring Community Network: A grassroots organization made up of individuals and organizations dedicated to promoting physical, emotional, spiritual, and mental wellness in South Pacific County.

# SHOALWATER BAY INDIAN TRIBE BEHAVIORAL HEALTH & WELLNESS

2373 Old Tokeland Rd.
Tokeland, WA 98590
(360) 267-0119 (Medical)
(360) 267-8103 (Dental)
(360) 267-8141 (Behavioral Health)

Shoalwater Clinic is open to the public. Please call to inquire about insurances accepted for each program. We provide comprehensive care to Native American tribes as well as non-native patients.

# Medical:

- Full Service Family Practice medical care.
- On-site lab and x-ray services.
- Diabetes education.
- Nutritional counseling.
- Immunizations.
- Sports physicals.
- Adult & children's wellness exams.
- Dental:
  - Full service dental and hygiene care.
  - o Annual exams.
  - Crown and bridge work.
  - $\circ$  Dentures.
  - Emergency dental services.
  - **Other Services (Grant-Covered):** 
    - Women's wellness exams.
    - Colon health screenings.
    - Smoking cessation program.
- **Behavioral Health**: Services including outpatient mental health and substance abuse counseling.

# VALLEY VIEW HEALTH CENTER

300 Ocean Ave. Raymond, WA (360) 942-3040 www.vvhc.org Provides medical, dental, and behavioral health services with a focus on low-income and underserved community members. Assistance for insurance enrollment and a sliding fee scale is available.

- **Medical:** Accredited by the National Committee for Quality Assurance as a Patient Centered Medical Home, providing preventative care including
  - Well child check-ups.
  - Immunizations and annual exams.
  - Treatment and management of chronic diseases.
  - Prescription drug assistance programs.
  - Referrals for specialty care.
- **Dental**: Primary preventative care including
  - Comprehensive exams, X-Rays, cleanings and sealants.
  - Restorative services such as fillings, root canals and crowns.\*
  - Emergency services and referrals.
- **Family Planning:** Comprehensive and confidential birth control exams and supplies, including
  - Mirena IUD and Nexplanon implant.

- Diagnosis and treatment of sexually transmitted infections.
- Pregnancy testing and counseling.
- Sterilization testing and counseling.
- Referrals for specialty care.
- Integrated Behavioral Health: Onsite mental health specialist work closely with primary care providers to coordinate patient care, provide brief counseling, and give referrals for specialty care.
- Health Insurance Enrollment Assistance - Free and unbiased assistance with health insurance enrollment under the Affordable Care Act including WA Apple Health (Medicaid) enrollments and renewals; and Qualified Health Plan enrollment and renewals through the state marketplace.
- **Payment** VVHC accepts WA Apple Health (Medicaid), Medicare, Tricare, most private insurance plans and self-pay. Sliding fee is offered to patients based on income and family size. Payment plans are available.

# WILLAPA BEHAVIORAL HEALTH

South County 2204 Pacific Ave. N Long Beach, WA98631 (360) 642-3787 www.willapabh.org Hours: Monday-Friday from 8:00 am-7:00 pm North County 300 Ocean Ave. Raymond, WA 98577 (360) 942-2303 Hours: Monday-Friday from 8:00 am-7:00 pm

- Adult Outpatient Services: Program seeks to provide insightoriented mental health services to individuals. Goals include enhancing quality of life, reducing psychiatric symptoms, restoring functioning and supporting community integration through the use of evidence based practices such as Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR)
- Substance Use Disorder: Addiction is a treatable disease. One step, one day at a time, this program's goal is to help those suffering from addiction by facilitating change in order to reclaim lives. Services include:
  - o Assessment.
  - Intensive outpatient therapy.
  - Outpatient and group therapy.
  - Alcohol Drug Information School.
  - One-on-one counselling with SUD therapists.
  - Victim's Impact Panel.
  - OBOT / Medical Assisted Treatment (Suboxone) services for the recovery of Substance Use Disorders.
- **Co-Occurring Disorders (COD) Program:** It is important to know if individuals are abusing one or more substance while having one or more

psychiatric disorders at the same time. Each disorder can cause symptoms of the other, leading to slow recovery and a diminished quality of life. Through the COD program individuals can be connected with appropriate treatment.

- **Problem Gambling:** Certified staff provide individual and group counseling to their clients in the form of addiction treatment support, information and education, and resource navigation.
- Medical Services Staffed by Psychiatrists and ARNPs, the function of the medical team is to assess and manage the psychiatric medication needs of consumers. Psychiatric staff work in collaboration with clinicians to ensure the best care possible.
- Case Management: Certified paraprofessional staff works closely with consumers to provide individualized support focused on improving consumer selfsufficiency. WBH Case Managers work with adults and children to provide assistance with activities of daily living, psychiatric medication monitoring, medical coordination, and navigating community resources (i.e. housing and food banks).
- Telephone and Crisis Intervention Services: The crisis hotline is open 24 hours a day, seven days a week and provides non-stopcrisis support throughout Pacific County. The line is staffed by professionals who provide counseling assistance through phone support, face-to-face contact, problem solving, and referrals for additional assistance.

Walk-in crisis services are also available.

• **Ombuds Services**: Ombuds advocate on behalf of consumers having questions or concerns about treatment. The Ombuds Service can be reached at 866-439-3064.

# <u>COMMUNITY COALITIONS/SERVICE</u> <u>CLUBS:</u>

# **North County**

# Alliance for a Better Community (ABC)

P.O. Box 821 Raymond, WA 98577 (360) 942-3672 www.abc4u2.com

Meets every second Wednesday of the month at noon at the Raymond Community Center, next to the Raymond Theater.

# Elks- Raymond Lodge #1292

326 3<sup>rd</sup>
Raymond, WA 98577
(360) 942-1292
Meets first and third Tuesdays with some holiday exceptions.

# Know & Grow

(360) 875-5327 North County coalition focused on early childhood education & development.

# **Road 2 Resiliency**

1216 W Robert Bush Dr. PO Box 26 South Bend, WA 98586 (360) 875-9300, ext 2645 Meets the first Monday of each month from 3:30-4:45 pm, South Bend High School Library.

# road2resiliency.weebly.com/

A community coalition that aims to engage the South Bend community with prevention programs and encourage prosocial activities in youth. Prescription Take Back Day, Town Halls, and more.

# South Bend Kiwanis

### https://www.southbendkiwanis.com/

Meets every Tuesday morning at 7:00 am at the Willapa Harbor Hospital (800 Alder St, South Bend, WA 98586)

# **Teen Advocacy Coalition (TAC)**

# http://www.pacificcountytac.org

Meets the second Monday of each month at 3:15 pm at the Raymond High School Library (1016 Commercial St, Raymond, WA 98577). Focuses on preventing youth substance use and promoting mental health.

# Willapa Community Network

Meets the first Wednesday of each month from 11:00 am-1:00 pm at the Willapa Harbor Hospital. North County community network focused on increasing collaborative efforts that support wellness.

# Willapa Harbor Chamber of Commerce

P.O Box 1249 South Bend, WA 98586 (360) 942-5419 info@willapaharbor.org www.willapaharbor.org

Meets the second Monday of every month at noon in alternating locations.

# South County

**Community Court** (360) 642-6100

Services connection event at the South Pacific County Building the first and third Tuesday of each month from 1:00-2:30 pm.

### Elks- Long Beach #1937

110 N. Pacific Hwy.Long Beach, WA 98631(360) 642-2651Meets second and fourth Wednesdays;November and December, secondWednesday only.

#### **Peace of Mind Pacific County**

PO Box 708 Ocean Park, WA 98640 http://www.pompc.org/ peaceofmindpacificounty@pompc.org Open support group meets the first and third Wednesday of every month at Adelaide's Sweet and Coffee Shoppe (1401 Bay Ave, Ocean Park)

#### **Peninsula Poverty Response**

#### www.peninsulapovertyresponse.org

Meets the second Thursday of each month at 2:00 pm at the South Pacific County Building. Focuses on reducing the consequences related to poverty on the Long Beach Peninsula through advocacy, awareness and action.

### **Ocean Park Area Chamber of Commerce**

1715 Bay Ave #1 PO Box 403 Ocean Park, WA 98640 (360) 665-4448 <u>www.opwa.com/</u> Hours: Tuesday-Saturday, 12:00 pm-4:00 pm

### Rotary Club of Southwest Pacific County PO Box 606 Long Beach, WA 98631 https://beachrotary.org/

Meets on Tuesdays at 5:30 pm, at the Shelburne Hotel (4415 Pacific Way, Seaview, WA 98644)

# South Pacific County Community

Foundation PO Box 75 Nahcotta, WA 98637 (360) 665-5292 www.spccf.org info@spccf.org Improving the quality of life in south Pacific County.

#### WellSpring Community Network

(360) 642-9349 www.wellspringpacific.org Meets the second Tuesday of each month from 3:00-4:30 pm at the South County Administration Building at 7013 Sandridge Road in Long Beach. Mission is to support community wellness in South Pacific County through active collaborations.

#### Washington Nonprofits

(855) 299-2922 www.washingtonnonprofits.org info@washingtonnonprofits.org

As the state association for all nonprofits, Washington Nonprofits makes sure nonprofits have what they need to succeed through learning, advocacy, and collaboration. Please contact Washington Nonprofits for any help you might need related to boards, finance, nonprofit law, or other nonprofit topics.

#### **DISABILITY SERVICES**

#### North County

BASICS Northwest 2570 Ocean Ave. Raymond WA 98577 360-915-6868 <u>pklus@basicsnw.com</u>

Serves clients primarily aged two through young adulthood who are diagnosed with autism.

# Coastal Community Action Program (CCAP)

500 Robert Bush Dr. W South Bend, WA 98586 (800) 828-4883 (360) 875-4123 www.coastalcap.org

- **Supported Employment:** Provides job coaching for developmentally disabled adults. North County only.
- **Protective Payee Program:** Serves individuals that receive social security and SSI payments who cannot manage their funds. County-wide.

# Developmental Disabilities Administration

(360) 875-4244 (800) 458-3747, ext. 5 307 E. Robert Bush Dr. South Bend, WA 98586 www.dshs.wa.gov/ddd

Employment support for developmentally disabled. Must be a client of DDA

# Home and Community Services

North County: (360) 875-4222 Purpose is to promote, plan, develop, and provide long term care services responsive to the needs of persons with disabilities and the elderly.

# Pacific County Department of Health & Human Services 1216 West Robert Bush Dr. South Bend, WA 98586 (360) 875-9343 Provides support for families/caregivers of children with disabilities and helps them

navigate the system and access services.

# South County

# **Developmental Disabilities**

Administration (DDA) 307 E. Robert Bush Dr. South Bend, WA 98586 (360) 875-4244 (800) 458-3747, ext. 5 www.dshs.wa.gov/ddd

Employment support for developmentally disabled, countywide services. Must be a client of DDA.

# Coastal Community Action Program (CCAP)

1505 Pacific Ave N Long Beach, Washington 98631 (800) 828-4883 (360) 642-6100 www.coastalcap.org

- **Supported Employment**: Provides job coaching for developmentally disabled adults. North County only.
- **Protective Payee Program**: Serves individuals that receive social security and SSI payments who cannot manage their funds. County-wide.

# Home and Community Services

South County: Intake (800) 786-3799 Purpose is to promote, plan, develop, and provide long term care services responsive to the needs of persons with disabilities and the elderly.

# Pacific County Department of Health & Human Services

7013 Sandridge Rd.
Long Beach, WA 98631
(360) 642-9349
Provides support for families/ caregivers of children with disabilities and helps them navigate the system and access services.

# **Out of County**

# **Adult Protective Services**

(877) 734-6277 Purpose is to promote, plan, develop and provide long-term care services responsive to the needs of persons with disabilities and the elderly.

# The Arc of Grays Harbor

P.O. Box 179 Aberdeen, WA 98520 (360) 537-7000 arcgh.org

> • Intellectual and Developmental Disability Resource Center: Onestop access to information regarding goods and services related to meeting the needs of those with intellectual and/or developmental disabilities. Provides access to information available to anyone with questions regarding developmental disabilities. Some programs have specific requirements.

# Center for Children with Special Needs

Box 5371, CW8-6 Seattle, WA 98145-5005 (206) 987-3736 Provides information to families and healthcare professionals, education and family partnerships in health care. Collaborates with a variety of healthcare organizations, state agencies, and families, to plan and implement programs that improve care and increase access to community resources.

# **Basics NW (Behavioral And Social Intervention & Consultation Services Northwest)**

8282 28th Court NE Ste. A Lacey, WA 98516 (360) 915-6868 www.basicsnw.com

# Children with Special Healthcare Needs (CWSHN) Program

Development and health status assessment, resource, coordination and referral for children (up to age 18) with special healthcare needs.

> • Employment Support- Coordinates Group and Individual Supported Employment programming for adults with developmental disabilities.

#### Washington PAVE

6316 So. 12<sup>th</sup> St. Tacoma, WA, 98465 (253) 565-2266 wapave.org

- Parent Training Information Center: Provides training, resources, and support for parents in Washington state whose children have special learning needs. Staff and volunteers work one-to-one or provide workshops on various aspects of obtaining appropriate services in the public-school system.
- Family to Family Health Information Center: Serves children with special healthcare

needs age birth to 18 years. Provides individual information on advocating for children in the health care system and referrals to resources that are available in Washington State that provide information on healthcare.

- **Response to Intervention (RTI):** Process that schools use to identify students who are struggling in school and get them support. All students are screened by teachers to see if they need help in an area. Teachers <u>monitor students' progress</u> and adjust interventions based on individual needs. There are three levels of interventions that increase in intensity.
- Specialized Training of Military Parents (STOMP): Information and training regarding special education and other resources available to military families of children with disabilities.

# **EDUCATION**

# **ELEMENTARY AND HIGH SCHOOL:**

### **North County**

#### ESD 113 (North County)

6005 Tyee Dr. SW Tumwater, WA 98512 (360) 464-6700 Esd113.org

# North River School District 2867 North River Rd. Cosmopolis, WA 98537

(360) 532-3079 http://nr.k12.wa.us

#### **Raymond School District**

1016 Commercial St. Raymond, WA 98577 (360) 942-3415 Raymondk12.org

# South Bend School District

400 1<sup>st</sup> St. P.O. Box 437 South Bend, WA 98586 (360) 875-6041 Southbend.wednet.edu

#### Willapa Valley School District

22 Viking Way Raymond, WA 98577 (360) 942-5855 Willapavalley.org

#### South County

# ESD 112 (South County)

2500 NE 65th Ave. Vancouver, WA 98661 (360) 750-7500 Esd112.org

# **Naselle School District**

793 State Route 4, Naselle, WA (360) 484-7121, ext. 301 Naselle.wednet.edu

# **Ocean Beach School District**

500 Washington Ave. S P.O. Box 778 Long Beach, WA 98631 (360) 642-3739 Ocean.k12.wa.us

# **EARLY CHILDHOOD:**

# **Early Steps to School Success**

Long Beach: (360) 783-2357 Raymond: (360) 942-2435 Home visit program for families prenatal to 3 years. No income requirements, but priority to youngest and neediest. Assist with transitions to preschool.

# **Early Support for Infants and Toddlers** (ESIT)

North County: (360) 875-5327, opt. 1 South County: (360) 642-8586 Provides free developmental screenings for children birth to three. Resource coordination for evaluations, family service plan development, and services to provide support for children with additional needs.

# Early Childhood Education and Assistance Program (ECEAP)

South Bend: (360) 875-5327, opt. 1 Naselle-Grays: (360) 484-3739 Ocean Beach: (360) 642-4089 State subsidized preschool program serving children aged three to five. Classes range from part day to full day and provide meals and transportation for income eligible children.

#### **Head Start**

305 5th St. SE Long Beach, WA 98631 (360) 642-4089

Federally funded home visit program that works with families who are expecting and children ages birth to three. Provides learning experiences to help children develop socially, intellectually, physically and emotionally based on individual needs Expecting families and children from birth to 3 years.

# **South Bend School District Child Care** 409 E 1st St.

South Bend, WA 98586 (360) 875-5327, opt. 1 Child care offered Monday through Friday in high quality, licensed facilities. Program serves children age 12 months through 6 years old, not yet enrolled in kindergarten. Working Connections state child care subsidy accepted.

### South Bend School District Preschool

409 E 1st St. South Bend, WA 98586 (360) 875-5327, opt. 1 Preschool offered for children age 3 or 4 years old by August 31st. Part day and full day programs available. Meals and transportation provided. Licensed sites, ECEAP provider, integrated program.

# **Raymond School District Preschool**

(360) 942-2435 Preschool offered for children age 3 or 4 years old by August 31st. Part day programs available. Meals and transportation provided. ECEAP provider, integrated program.

# Willapa Valley School District Preschool (360) 942-3311

Preschool offered for children age 3 or 4 years old by August 31st. Part day and full day programs available. Meals and transportation provided. ECEAP provider, integrated program.

# North Pacific County Know and Grow Community Coalition

(360) 875-5327, opt. 1 Like us on Facebook: Know and Grow Know and Grow is a community coalition that works to survey and address the needs of children age zero through eight years old in the communities of North Pacific County. The coalition meets every other month and provides several programs to children, families and early childhood educators throughout the school year.

# Playgroup/North Pacific County

409 E 1st St. South Bend, WA 98586 (360) 875-5327, opt. 1 Play and learn group offered to parents/caregivers and their children age birth to three years old. Playgroup meets weekly on Fridays, from 10:00 am-11:30 am at the South Bend Early Learning Center, October through May. Snack and activities are provided free of charge.

# Junior Preschool/North Pacific County

409 E 1st St. South Bend, WA 98586 (360) 875-5327, opt. 1 Junior preschool offered for children age 30 months to three-years old. Programs are two days a week for two hours per day. Snack and activities are provided free of charge. No transportation provided.

#### **HIGHER EDUCATION**

Grays Harbor College (GHC) www.ghc.edu www.facebook.com/ghcpacificcounty GHC- Columbia Education Center 208 Advent Avenue SE, Ilwaco, WA 98624 PO Box 897 Ilwaco, WA 98624 (360) 642-9433

www.ghc.edu/columbia

**GHC- Riverview Education Center** 600 Washington Avenue, Raymond, WA 98577 (360) 875-9466 www.ghc.edu/riverview

### **Out of county**

# National Center for Homeless Education at SERVE www.serve.org/nche

800-308-2145 homeless@serve.org

# Washington Higher Education Coordinating Board

P.O. Box 43430 Olympia, WA 98504 (360) 753-7846

**Passport to College** Promise Scholarship opportunities, housing support and special consideration for state need grants and work study.. Eligible students spent at least one year in foster care after age 16, left foster care on or after 1/1/07, will enroll at least half-time in college by age 21 and have not yet earned a bachelor's or professional degree.

#### **US Department of Education**

(800) 433-3243 <u>www.studentaid.ed.gov/redirects/federal-</u> <u>student-aid-ed-gov</u> Information on filing for federal financial aid for college.

#### **Clatsop Community College (CCC)**

1651 Lexington Ave. Astoria, OR 97103 (503) 325-0910/(855) 252-8767 https://www.clatsopcc.edu/

Clatsop Community College is a public, two-year institution serving NW Oregon and SW Washington since 1958. Instruction and training in liberal arts and sciences; professional technical fields; continuing, developmental and general education are offered.

# **OTHER/ALTERNATIVE EDUCATION:**

#### **Aberdeen All-Star Driving School**

Aberdeenallstardriving.com (360) 612-3529 100 South I St. Aberdeen, WA

### **Cascade Driving School**

Cascadedriving.com (360) 532-1423 301 South F St. Aberdeen, WA

# AARP Driver Safety Classes

(800) 350-7025 www.aarpdriversafety.org

**Driver Safety Classes** In-person and online driver safety classes for drivers over age 50.

### **National Migrant Education Hotline**

(800) 234-8848 Migrant families can call when they arrive in a new area. Will be enrolled in migrant program. Helps with transfer of school records and school enrollment.

# Pacific County Fire District # 1

26110 Ridge Ave. P.O. Box 890 Ocean Park, WA 98640 (360) 665-4451 www.pcfd1.org

- **First Aid / CPR Certifications** Registration available in person for adult, child and infant classes.
- Fire Intern Program Paid college courses to obtain a fire service degree. Must be 18 years old and hold high school diploma or equivalent

# The Sea School Cooperative

13220 Pacific Way Long Beach, WA 98631 (206) 383-5433 theseaschoolcoop.org An alternative education program committed to helping parents and mentors provide quality experience based learning opportunities.

#### **Tongue Point Job Corps Center**

37573 Old Highway 30 Astoria, OR 97103 (503) 325-2131 http://tonguepoint.jobcorps.gov/

Job Corps is a no-cost education and career training program that helps young people ages 16-24 improve the quality of their lives through career, technical and academic training.

# **SPECIAL EDUCATION:**

# **Center for Children with Special Needs**

Box 5371, CW8-6 Seattle, WA 98145-5005 206-987-3736 cshch.org Information to families and health care providers; research and evaluation that impact policy development, quality of care, education and family partnerships in health care.

# Washington PAVE

6316 So. 12<sup>th</sup> St. Tacoma, WA, 98465 (253) 565-2266

> • Family-to-Family Health Information Center: Serves children with special healthcare

needs ages birth to 18 years. Provides individual information on advocating for children in the healthcare system and referrals to resources that are available in Washington State that provide information on healthcare.

- Parent Training Information Center: Provides training, resources, and support for parents in Washington State whose children have special learning needs. Staff and volunteers work one-to-one or provide workshops on various aspects of obtaining appropriate services in the public-school system.
- **Response to Intervention (RTI):** Used by schools to identify students who are struggling in school and get them support. All students are screened by teachers to see if they need help in an area. Teachers <u>monitor students' progress</u> and adjust interventions based on individual needs. Three levels of interventions that increase in intensity.
- Specialized Training of Military Parents (STOMP): Information and training regarding special education and other resources available to military families of children with disabilities.

# **EMERGENCY/SAFETY:**

#### **North County**

#### **Pacific County Sheriff's Office**

300 Memorial Dr. South Bend, WA 98586-0027 (360) 875-9395 Dispatch – 9397 Hours: Monday-Friday, 8:00 am-5:00 pm

#### **Raymond Police Department**

233 2nd St. Raymond, WA 98577 (360) 942-4120 www.raymondpolice.com Hours: Monday-Friday, 8:00am-4:00pm

#### South Bend Police Department

1102 West 1st St. P.O. Box 9 South Bend, WA 98586 (360) 875-5444 https://www.southbend-wa.gov/contactus/police-department

#### **Shoalwater Bay Police Department**

2373 Tokeland Rd. Tokeland, WA 98590 (360) 267-8164 <u>https://www.shoalwaterbay-</u> <u>nsn.gov/home/shoalwater-services/public-</u> <u>safety/</u>

#### South County

# Community Emergency Response Team (CERT)

Developed to ensure communities have skills to help families, friends and neighbors in the event of a disaster. Trained in light search and rescue, basic first aid, triage and can act as effective "eyes and ears" for emergency first responders. Quarterly meetings announced in the Chinook Observer

#### **Long Beach Police Department**

212 Pacific Avenue South P.O. Box 795 Long Beach, WA 98631 (360) 642-3416 http://www.longbeachwa.gov/contact/police/

# **Pacific County Sheriff's Office**

7013 Sandridge Rd. Long Beach, WA 98631 (360) 642-9404 Dispatch - 9397 Hours: Monday-Friday, 8:00 am-4:00 pm

# **Pacific County Sheriff's Office - Long Beach Peninsula Community**

Watch/Neighborhood Watch Program 7013 Sandridge Rd. Long Beach, WA 98631 (425) 559-3175 pc.cwnw@outlook.com https://www.pacificcountysheriff.com/pacifi c-county-nwcw.html

# **Pacific County Emergency Management**

300 Memorial Drive South Bend, WA North County: (360) 875-9338 South County: (360) 642-9338

# Washington State Department of Fish & Wildlife

48 Devonshire Rd. Montesano, WA 98563 (360) 249-4628 www.wdfw.wa.gov

# Willapa Behavioral Health Mobile Crisis Team **HOPE Line**

(800) 884-2298 24/7 Mental Health Crisis Line for Pacific County

# **Out of county**

# Washington State Liquor and Cannabis Board **Enforcement & Education- Southwest**

Region

11018 NE 51st Circle Vancouver, WA 98682-6686 (360) 664-9878

#### **Washington State Patrol**

District 8 Headquarters / Bremerton Detachment 4811 Werner Rd. Bremerton, WA 98312 (360) 473-0300 http://www.wsp.wa.gov/

Naselle Office 797 State Route 4 Naselle, WA 98638 (360) 484-3130

# **EMPLOYMENT**

# **North County**

**Coastal Community Action Program** (CCAP) 500 W Robert Bush Dr. South Bend, WA 98586 (800) 828-4883 (360) 875-4123 www.coastalcap.org

- Supported Employment: Provides • job coaching for developmentally disabled adults. North County only.
- **Retired and Senior Volunteer** • Program (RSVP): Enlists residents over the age of 55 to assist non-profit agencies with day-to-day operations, projects and events.
- WorkFirst: Works with Deptartment of Commerce to assist TANF recipients to gain employment

through job-training skills. County-wide.

• Job Access Return Commute (JARC): Provides low-income individuals with rides to work or training.

# Pacific County Economic Development Council

600 Washington Ave. Raymond, WA 98577 (360) 642-9330 or (360) 875-9330 www.pacificedc.org Public/private partnership working to develop, support and promote activities that contribute to the economic growth of Pacific County. Business resource connection for start-up, expansion and retention needs.

### ResCare

Youth Career Services 307 Robert Bush Drive East South Bend, WA 98586 ResCare: Thursday 9:00 am-4:00 pm Kim Hummel (360) 200-0737 <u>kimberly.hummel@rescare.com</u> WIOA: Tuesday, 9:00 am-4:00 pm Mary Nicholson (360) 524-4881 <u>mnicholson@esd.wa.gov</u>

- **ResCare:** Provides services for youth and young adults (ages 16-24) to provide them with resources to build sustainable, lifelong careers and build a foundation of citizenship, leadership, and self-sufficiency.
- WIOA: Provides access to employment, education, and training opportunities to adult and dislocated workers, as well as individual services including one-on-one

assistance with a WorkSource Employment Practitioner.

**Timberland Regional Library** (800) 562-6022 www.trl.org **Raymond Library** 507 Duryea St. Raymond, WA 98577 (360) 942-2408 **South Bend Library** First & Pacific P.O. Box 368 South Bend, WA 98586. (360) 875-5532 North River School 2867 North River Rd. Cosmopolis, WA 98537 (360) 532-3079 **Shoalwater Bay Tribal Community** Library 2372 Old Tokeland Rd. Tokeland, WA 98590. (360) 267-8190 Free with a library card, access to Microsoft IT Academy courses on basic digital literacy skills. Microsoft Office skills, and advanced skills for IT professionals, as well as Gale Courses, and multiple databases for research.

# South County

Coastal Community Action Program (CCAP) 1505 Pacific Ave. N Long Beach, WA, 98631 (800) 828-4883 (360) 642-6100 www.coastalcap.org

• **Supported Employment:** Provides job coaching for developmentally disabled adults. North county only.

- Retired and Senior Volunteer Program (RSVP): Enlists residents over the age of 55 to assist non-profit agencies with day-to-day operations, projects and events.
- WorkFirst: Work with Deptartment of Commerce to assist TANF recipients to gain employment through job training skills. Countywide.
- Job Access Return Commute (JARC): Provides low-income individuals with rides to work or training.

# **Department of Vocational Rehabilitation** (DVR)

2601 Pacific Ave. N Long Beach, WA 98631 (866) 893-1047 or (360) 501-2499 www.dshs.wa.gov/dvr

Provides job coaching and training to adults with physical, mental, or developmental disabilities. By appointment, call ahead.

### **Timberland Regional Library**

(800) 562-6022 www.trl.org **Ilwaco Library** 158 First Ave. N P.O. Box 520. Ilwaco, WA 98624. (360) 642-3908 **Naselle Library** 4 Parpala Rd. P.O. Box 190 Naselle, WA 98638. (360) 484-3877 **Ocean Park Library** 1308 256<sup>th</sup> Pl. P.O. Box 310 Ocean Park, WA 98640.

### (360) 665-4184

Free with a library card, access to Microsoft IT Academy courses on basic digital literacy skills, Microsoft Office skills, and advanced skills for IT professionals, as well as Gale Courses, and multiple databases for research.

# WorkSource

2601 N. Pacific Hwy. Long Beach, WA 98631 (360) 642-6210 www.GoToWorkSource.com Hours: Monday-Friday, 9:00 am-4:00 pm

- Workforce Investment Act Dislocated Worker Program: Assistance for those who have lost their jobs at no fault and are unlikely to return to a declining industry. Includes purchasing clothes for job interviews, partial rent assistance, food assistance, and bus passes.
- Employment Services: Job listings and referrals, and referrals to jobtraining programs. Help with resume preparation, job-search strategies and online-resume posting.
- **On Site Resources:** Computers with internet access, telephones, fax, copy machine, and video-viewing stations.
- Other Programs: Veterans services, WorkFirst (welfare-to-work program), offender resources, youth services, and disabilities placement services.

# Out of county

Washington Initiative for Supported Employment 100 S. King St. #260 Seattle, WA 98188 (206) 343-9330 www.gowise.org

#### FOOD/FEEDING PROGRAMS

#### North County

# Coastal Community Action (CCAP) Raymond Senior Center

324 Jackson St. Raymond, WA 98577-2402 (360) 942-5739 The center provides hot meals Monday through Friday at 12:00 pm. Delivery for homebound individuals is available. Office hours are 10:00 am to 2:00 pm.

### Chauncey Davis Backpacks for Kids Program

103 S. Adams St. South Bend, WA (360) 875-5700/(360) 580-1575

A partnership between the First Lutheran Church, Chauncey Davis Elementary School, community volunteers, and local merchants, donating bags packed with food to send home with K-6<sup>th</sup> grade students over the weekend and school holidays.

### South County

### **The Community Table** Ocean Park Lutheran Church 24002 U St.

Ocean Park, WA 98640 (360) 665-6344 Prepared hot meals, open to all in need, available Mondays from 11:30 am to 12:30 pm. Delivery is also available.

### **His Supper Table**

1301 Pacific Hwy N Long Beach, WA (360) 642-4105 hisuppertable@gmail.com

Hot dinners served Monday and Thursday at the Peninsula Church of the Nazarene Summer hours: 4:30 pm-5:45pm Winter hours: 4:00-5:30pm hissuppertable.org

### **Ilwaco Senior Center**

(360) 642-3990 **Senior nutrition programs:** Meals for seniors ages 60+. Delivery available for homebound individuals.

### Weekend Food4Kids Backpack Program

110 N. Pacific Hwy. Long Beach, WA 98631 (360) 749-2606/(503) 407-4364

A partnership between the Long Beach Elks, Ocean Park United Methodist Church, Ocean Beach Presbyterian Church, Ocean Beach School District, community volunteers, and local merchants. Bags packed with food on Thursdays to send home with K-12<sup>th</sup> grade students of the Ocean Beach School District over the weekend.

#### FOOD PROGRAMS

### North County

### **Community Garden of First Lutheran South Bend**

103 Adams St.

South Bend, WA 98586

(360) 875-5700

### **Legacy Community Outreach Church Food Bank** 227 Adams St.

South Bend, WA 98586

(360) 875-6688

Open Wednesdays, 2:00 pm-5:30 pm

### North Pacific County Food Bank

1899 Park St. Raymond, WA 98577 (360) 942-4726 Open Thursdays, 3:00 pm-6:00 pm

### North River Food Bank

2637 North River Rd.

Cosmopolis, WA 98537

(360) 532-8249

Third Tuesdays, 3:00 pm-5:00 pm

# Pacific County Public Health & Human Services

Women, Infant, & Children (WIC)

Pacific County Courthouse Annex

1216 West Robert Dr.

South Bend, WA 98586

(360) 875-9343

Open Monday through Thursday from 8:00 am-5:00 pm, Friday 8:00 am-4:30 pm

### **Shoalwater Bay Food Bank**

2408 Elm St.

Tokeland, WA 98590

Open the first Friday of the month at 8:00 AM until food is gone.

# South County

### **Chinook Food Bank**

Chinook School

810 State Route 101

Chinook, WA 98641 (360) 749-3300 or (360) 777-8782

Open the first and third Thursday of each month from 1:00 pm-3:30 pm.

### **Ocean Park Food Bank**

1601 Bay Ave.

Ocean Park, WA 98640

(360) 665-6567 Anyone is eligible, and clients may come in twice a month.

Open Tuesday through Friday from 10:00 am-3:00 pm.

# Pacific County Public Health & Human Services

7013 Sandridge Rd. Long Beach, WA 98631 (360) 642-9349 Women, Infant, & Children (WIC)

Open Monday through Thursday from 8:00 am-5:00 pm.

#### **St. Vincent de Paul Food Bank** 116 1<sup>st</sup> Ave S

P.O. Box 648

Seaview, WA 98644

# (360) 642-8401 Open the second and fourth Fridays from 11:00 am-2:00 pm. November and December open the second and third Fridays from 11:00 am-2:00 pm.

# **Out of county**

# **Family Food Line**

(888) 436-6392 Call to speak with a resource specialist about local food banks and program eligibility for SNAP, WIC and summer meals. Bilingual staff, telephone interpreters.

# West End Food Pantry

Johnson Park Community Center,

Rosburg, WA

Open Thursdays, 1:00 pm-5:00 pm

# <u>HEALTHCARE</u>

# **HOSPITALS & CLINICS:**

**North County** 

### **Olympic Area Agency on Aging**

430 3rd. St. Raymond, WA 98577 (888) 571-6557 or (360) 942-2177 o3a.org Washington Health Benefit Exchange (HBE) WA Healthplanfinder for assistance signing up for ACA insurance plans. Family Caregiver Support Services

### Pacific County Public Health & Human Services

1216 Robert Bush Drive W South Bend, WA 98586 (360) 875-9343 pacificcountyhealthdepartment.com Hours: Monday-Thursday, 8:00 am-5:00 pm/Friday, 8:00 am-4:30 pm Free to low cost family planning, maternal child support, WIC, adult immunizations, and other public health services.

# **Shoalwater Wellness Center**

2373 Old Tokeland Rd. Bldg. E PO Box 500 Tokeland, WA 98590 (800) 841-2244 or (360) 267-0119 shoalwaterbay-nsn.org Hours: Monday-Friday, 8:30 am-4:30 pm (closed 12:00-1:00) Medical, dental, mental health, chemical dependency, diabetic counseling, nutritional counseling.

# Valley View Health Center

300 Ocean Ave. Raymond, WA (360) 942-3040 Hours: Monday/Wednesday/Friday, 7:30 am-6:00 pm; Tuesday/Thursday, 7:30 am-8:00 pm Medical, dental, and behavioral health.

# Willapa Family Medicine

810 Alder St.
South Bend, WA 98586
(360) 875-4502
Hours: Monday-Thursday from 8:00 am-12:00 pm, 1:30 pm-5:00 pm
Family practice as well as inpatient care at Willapa Harbor Hospital.

# Willapa Harbor Hospital

800 Alder St. South Bend, WA 98586 willapaharborhospital.com (360) 875-5526 24 hour Emergency Room

# **Pacific Family Health Center**

826 Alder St. South Bend, WA 98586 (360) 875-5579

# South County

### **DaVita Seaview Dialysis Center**

101 18th St. SE Long Beach, WA 98631 (866) 544-6741 davita.com Hours: Mon/Wed/Fri 5:00 am-5:00 pm In-center and home care hemodialysis including peritoneal and hemodialysis to patients with End Stage Renal Disease (ESRD). Patient must be diagnosed with ESRD and require dialysis as determined by their nephrologist.

### Family Health Center at North Beach

21610 Pacific Hwy. Ocean Park, WA 98640 (360) 665-3000 cowlitzfamilyhealth.org Hours: Monday-Friday from 8:00 am-5:30 pm Provides behavioral health, dental, family planning, medical services for uninsured and underserved individuals and families in Pacific County.

# Harbors Home Health and Hospice

1600 S. Pacific Ave. Long Beach, WA 98631 (360) 642-3623 myhhhh.org

- Home Care Services: Physical Therapy, occupational therapy, nursing care, and speech therapies; provided in the home for those who are acutely, chronically or terminally ill, or disabled.
- Home Health Aides: Provide personal care.
- Medical Social Workers: Assist in arranging other services needed, financial assistance and counseling patients and family.

# **Naselle Clinic**

21 North Valley Rd. Naselle, WA 98638 (360) 484-7161 Hours: Monday-Thursday, 8:30 am-6:00 pm

### **Ocean Beach Hospital & Medical Clinic**

174 1<sup>st</sup> Ave. N Ilwaco, WA 98624 **Clinic:** (360) 642-3747 Hours: Monday-Friday, 8:30 am-5:00 pm **Hospital:** (360) 642-3181 (24 hours) oceanbeachhospital.com Twenty-four hour emergency room, cardiac rehab, internal medicine, oncology, family practice, internal medicine, women's health, general surgery and procedures, immunizations, well child checkups.

### **Ocean Park Clinic**

1501 Bay Ave. Suite 201 Ocean Park, WA 98640 (360) 642-6387 Hours: Monday-Friday, 8:30 am-5:00 pm

### **Olympic Area Agency on Aging**

1715A Pacific Hwy. N Long Beach, WA 98631 (888) 571-6558 or (360) 642-3634 o3a.org

# Pacific County Public Health & Human Services

7013 Sandridge Rd. Long Beach, 98631 (360) 642-9349 pacificcountyhealthdepartment.com Hours: Monday-Thursday, 8:00 am-5:00 pm Free to low cost family planning, maternal child support, WIC, adult immunizations, Washington health plan navigation, and other public health services.

### **Out of county**

### **Coastal Family Health Astoria**

2158 Exchange St. Astoria, OR 97103 (503) 325-8315 Coastalfhc.org General healthcare, case management, dental referrals, discount pharmacy, immunizations, lab services, mental health referrals, physicals and well-child exams, substance abuse referrals, patient education, diet, behavioral health.

### **Coast Pregnancy Clinic** 279 6th St. Astoria, OR 97103 (503) 325-9111 or (800) 669-8717

# info@coastalpregnancyclinic.org

Hours: Tuesday-Friday, 9:00 am-4:00 pm

### **Columbia Memorial Hospital**

2111 Exchange St. Astoria, OR 97103 (503) 325-4321 columbiamemorial.org **Urgent Care:** 2120 Exchange St. Suite 111 Hours: Monday-Friday, 7:00 am-7:00 pm; Saturday/Sunday, 9:00 am-7:00 pm

# Washington Prescription Drug Program (WPDP)

(800) 913-4146 for information or to enroll www.rx.wa.gov

Savings up to 60% on generic drugs and 20% on brand-name drugs. Most pharmacy chains honor the discount card. Call number above or visit web to find participating pharmacies

### Washington State Insurance Commissioner (855) 923-4633

# **BEHAVIORAL HEALTH:**

### North County

### **Lifeline Connections**

South Bend Office 1006 Robert Bush Dr. W South Bend, WA 98586 (360) 787-9319

# **True North Student Assistance- ESD 113**

True North Student Assistance and Treatment Pacific County Regional Branch Office 1016 Commercial St. Raymond, WA 98577 (360) 942-3271 www.esd113.org

Provides assessments, outpatient and intensive outpatient drug and alcohol treatment services for youth in north Pacific County.

# Shoalwater Wellness Center- Behavioral Health

2373 Old Tokeland Rd.Tokeland, WA 98590(360) 267-8141shoalwaterbay-nsn.orgMental health and substance abuse treatment services.

### Willapa Behavioral Health

300 Ocean Ave. Raymond, WA 98577 (360) 942-2303 www.willapabh.org

Hours: Monday-Thursday, 9:00 am-7:00 pm; Friday, 9:00 am-5:00 pm Community mental health and chemical dependency (drug and alcohol) treatment and support services. Outpatient, intensive outpatient, case management, alcohol drug information school (ADIS), referrals to inpatient care.

### **South County**

### Free by the Sea

25517 Park Ave. Ocean Park, WA 98640 (800) 272-9199, (360) 665-4494 freebythesea.com Residential drug addiction and rehabilitation center.

# **Pacific County Health Department**

7013 Sandridge Rd.

Long Beach, WA 98631 (360) 642-9349 Mental health for youth and adults.

### Willapa Behavioral Health

2204 Pacific Ave. N Long Beach, WA 98631 (360) 642-3787 www.willapabh.org

Hours: Monday-Thursday, 9:00 am-7:00 pm; Friday, 9:00 am-5:00 pm Community mental health and chemical dependency (drug and alcohol) treatment and support services. Outpatient, intensive outpatient, case management, alcohol drug information school (ADIS), referral to inpatient care.

# Out of county

### Astoria Rescue Mission

62 West Bond St. PO Box 114 Astoria, OR 97103 (503) 325-6243 or (503) 440-0789 armission@gmail.com www.astoriarescuemission.com Offers a Christian-centered detox program.

# **American Behavioral Health Systems** (ABHS)

(360) 266-5029 Detox center, takes walk-ins and state health insurance.

### **Evergreen Treatment Services**

804 Levee St. Hoquiam, WA 98550 (855) 885-8604 or (360) 209-6339 evergreentx.org

**Olympic Health & Recovery Services** Designated Crisis Responder (360) 754-1338 or (800) 270-0041

Substance Abuse and Mental Health Services Administration (SAMHSA)

(877) 726-4727 Locate a detox center at https://www.samhsa.gov/

# <u>ALCOHOLICS</u> <u>ANONYMOUS/RECOVERY</u> <u>MEETINGS:</u>

### North County

### **Narcotics Anonymous**

Behind Dennis Company in the church building (former appliance center) in Raymond, WA. Hours: Monday/Wednesday/Thursday, 7:00 pm

Alcoholics Anonymous (Nooner Discussion) Open Meeting 103 South Adams South Bend, WA 98586 Hours: Monday and Friday, 12:00 pm

### Alcoholics Anonymous (Valley Group) Open Meeting

United Methodist Church 969 Willapa First St. Raymond, WA 98577 Hours: Sunday, 6pm

### South Bend Book Study Open Meeting

First Lutheran Church 103 Adams St. South Bend, WA 98586 Hours: Thursday, 6:00pm

# **Crystal Meth Anonymous**

First Presbyterian Church

420 North Broadway Aberdeen, WA 98520 (360) 581-8310 Hours: Tuesday and Friday, 5:30 pm

# South County

Alcoholics Anonymous (Peninsula Group) 811 Pacific Ave #3 Long Beach, WA 98631 Hours: Monday: 6:30 am, 12:00 pm, 8:00 pm Tuesday: 6:30 am, 12:00 pm, 6:00 pm (women), 8:00 pm (men) Wednesday: 6:30 am, 12:00 pm, 8:00 pm Thursday: 6:30 am, 12:00 pm, 8:00 pm Saturday: 6:30 am, 12:00 pm, 8:00 pm Sunday: 6:30 am, 10:00 am, 12:00 pm, 8:00 pm

# Alcoholics Anonymous (Ocean Park Women's Group)

Ocean Park Lutheran Church 24002 U Street Ocean Park, WA 98640 Hours: Sunday at 5:00pm

# Alcoholic's Anonymous Ocean Park

(**Open Meeting**) Ocean Park Methodist Church 1202 262nd Pl. Ocean Park, WA 98640 Hours: Monday/Wednesday/Friday at 7:30 pm

### **Alcoholics Anonymous**

Golden Sands 21608 O Ln. Ocean Park, WA 98640 Hours: Fridays at 1:30 pm

15915 Sandridge Rd. Long Beach, WA 98631 Hours: Tuesday at 5:30 pm

Jordan's Hope for Recovery http://jordanshope.org

### **Peace of Mind Pacific County**

PO Box 708 Ocean Park, WA 98640 (866) 67POMPC (1-866-677-6672) <u>peaceofmindpacificounty@pompc.org</u> Mission: To help all residents of Pacific County, Washington understand and advocate for brain and behavioral health, through education, events, and community partnerships.

# HOUSING

### **North County**

# Alder House Assisted Living 801 Alder St.

South Bend, WA 98586 (360) 875-6001 www.willapaharborhospital.com

# **Coastal Community Action Program** (CCAP)

500 Robert Bush Drive W South Bend, WA 98586 (800) 828-4883 (360) 875-4123 www.coastalcap.org

- Emergency Food & Shelter Program (EFSP): Rental assistance for first month's rent for eviction prevention.
- Housing & Essential Needs (HEN): DSHS determines eligibility then

refers client to Coastal Community Action Program for services.

- Low Income Home Energy Assistance Program (LIHEAP): Low income home winter heating program. County-wide.
- Weatherization Assistance Program: Assists in making homes more heat-efficient. County-wide, contact for income requirements.
- Tenant Based Rental Assistance (TBRA): Self-sufficiency transitional housing program to assist those experiencing homelessness.

### **Crisis Support Network**

762 Ballentine St.
Raymond, WA 98577
(800) 435-7276
Services: Domestic violence, sexual assault, sexual assault therapy and Project Warm Hearts (P.U.D. assistance).

312 Duryea St.
Raymond, WA 98577
(360) 934-5652
www.crisis-support.org
Services: Crime victims assistance

### **Pacific Pearl Supported Housing**

119 S Main St. #200 Seattle, WA 98104 South Bend, WA 98586 (206) 322-3322 info@arcarchitects.com

### Willapa Behavioral Health (WBH)

300 Ocean Ave. Raymond, WA 98577 (360) 942-2302 www.willapabh.org

- Flex funds: Used for short-term emergency housing and available to WBH clients.
- **Supportive Housing:** Available to chronically mentally ill clients of WBH.

# **South County**

# Coastal Community Action Program (CCAP)

1505 Pacific Ave N Long Beach, Washington 98631 (800) 828-4883 (360) 642-6100 www.coastalcap.org

- Emergency Food & Shelter Program (EFSP): Rental assistance for first month's rent for eviction prevention.
- Housing & Essential Needs (HEN): DSHS determines eligibility then refers client to Coastal Community Action Program for services.
- Low Income Home Energy Assistance Program (LIHEAP): Low income home winter heating program. County-wide.
- Weatherization Assistance Program: Assists in making homes more heat-efficient. County-wide, contact for income requirements.
- Tenant Based Rental Assistance (TBRA): Self-sufficiency transitional housing program to assist those experiencing homelessness.

# Crisis Support Network 318 2<sup>nd</sup> St. SE Long Beach, WA 98631 (360) 642-0095 www.crisis-support.org

**Services:** Domestic violence, sexual assault, sexual assault therapy and Trauma Recovery Empowerment (TRE) support group. Also serves victims of crimes such as theft, assault, and more.

# **Pacific Sands Apartments**

1300 Washington Ave. N Long Beach, WA 98631 (360) 642-4555 Low-income housing

# **Rebuilding Together Pacific County**

P.O. Box 283 Ocean Park, WA 98640 (971) 322-9526

**Home Repair Services:** Coordinates volunteers to repair and rehabilitate home for homeowners who qualify for assistance. Low-income, disabled, seniors, families with children, etc. who are unable to complete repairs may be eligible.

**St. Vincent de Paul** P.O. Box 648 Seaview, WA 98644 (360) 642-8401 **Emergency Financial Assistance:** Occasional (not regular) help with payments for those in need, including rent, PUD,

water, and healthcare co-pays.

Willapa Behavioral Health (WBH) 2204 Pacific Ave. N Long Beach, WA 98631 (360) 642-3787 www.willapabh.org

- Flex funds: Used for short-term emergency housing and available to WBH clients.
- **Supportive Housing:** Available to chronically mentally ill clients of WBH.

### **Out of county**

# Housing Opportunities of Southwest Washington

820 11th Ave.Longview, WA 98632(360) 423-0140, ext. 10www.longviewha.orgOffers rental assistance, veterans housing, utility allowances, and fair market rents.

#### **Veteran Integration Program**

1207 Commerce Avenue, Longview, WA 98632 (360) 423-0140, ext. 47 Veteran housing

### **Making Home Affordable**

(888) 995-4673 www.makinghomeaffordable.gov Home Affordable Modification Program (HAMP) Federal program that saves homeowners money for paying mortgage payments on time each month. Availability based on income level.

### LEGAL & MEDIATION SERVICES

### **North County**

# Adult Protective Services

(877) 713-6115 during business hours (800) 562-5624 after hours North County: (360) 875 4222 The purpose of the Home and Community Services (HCS) Division is to promote, plan, develop and provide long-term care services responsive to the needs of persons with disabilities and the elderly with priority attention to low-income individuals and families.

#### **Crisis Support Network**

762 Ballentine St.
Raymond, WA 98577
(800) 435-7276
Services: Domestic violence, sexual assault, sexual assault therapy and Project Warm Hearts (P.U.D. assistance).

312 Duryea St.
Raymond, WA 98577
(360) 934-5652
www.crisis-support.org
Services: Crime victims assistance

### **Olympic Area Agency on Aging**

430 3rd. St. Raymond, WA (888) 571-6557 or (360) 942-2177 o3a.org Advocacy and assistance for seniors. Free legal clinics.

### **Pacific County Juvenile Department**

300 Memorial Dr. P.O. Box 93 South Bend, WA 98586 (360) 875-9350 www.co.pacific.wa.us/courts/juvenile

Guardian Ad Litem for abused and neglected children, services for at-risk youth, truancy services, juvenile court offender services, and juvenile court diversion services.

### Willapa Behavioral Health

300 Ocean Ave. Raymond, WA 98577 (360) 942-2303 www.willapabh.org

Ombuds advocate on behalf of consumers with questions or concerns about mental health and substance abuse treatment.

### South County

### **Adult Protective Services**

(877) 713-6115 during business hours
(800) 562-5624 after hours
South County: (360) 642 6220
The purpose of the Home and Community
Services (HCS) Division is to promote, plan, develop and provide long-term care services
responsive to the needs of persons with disabilities and the elderly, with priority attention to low-income individuals and families.

# **Crisis Support Network**

318 2<sup>nd</sup> St. SE Long Beach, WA 98631 (360) 642-0095 www.crisis-support.org

Domestic violence, sexual assault, sexual assault therapy and Trauma Recovery Empowerment support group.

### **Olympic Area Agency on Aging**

1715A Pacific Hwy. N Long Beach, WA 98631 (888) 571-6558 or (360) 642-3634 o3a.org Advocacy and assistance for seniors. Free legal clinics.

### Tax Aide

1308 256th Pl. Ocean Park, WA 98640

### (360) 665-5845

AARP provides free income tax assistance to seniors and low-to-middle income individuals, beginning February first through April 18<sup>th</sup>. Services available in South County at Ocean Park Timberland Library on Wednesdays from 11:00 am-3:00 pm. No appointment necessary, walk-ins accepted.

# **Pacific County Juvenile Department** (360) 642-9350

www.co.pacific.wa.us/courts/juvenile Guardian Ad Litem for abused and neglected children, services for at-risk youth, truancy services, juvenile court offender services, and juvenile court diversion services.

### Willapa Behavioral Health

2204 Pacific Ave. N Long Beach, WA 98631 (360) 642-3787 www.willapabh.org

Ombuds Advocate on behalf of consumers with questions or concerns about mental health and substance abuse treatment.

### **Out of county**

Child Protective Services (866) 363-4276

**Columbia Legal Services** (360) 943-6260 columbialegal.org

### **Northwest Justice Project**

Coordinated Legal Education Advice & Referral (CLEAR) (888) 201-1012 (Mondays-Fridays, 9:15 am to 12:15 pm) Starting point for low-income people seeking free legal assistance with civil (noncriminal) legal problems, including advice, negotiation, direct representation, etc.

CLEAR\*Sr

(888) 387-7111 Seniors (60+) can also use this line to seek the same free legal assistance with civil (non-criminal) legal problems. <u>www.nwjustice.org</u> and <u>www.washingtonlawhelp.org</u>

# Thurston County Volunteer Legal Services

PO Box 405 Olympia, WA 98507-0405 (360) 705-8194 (Office) or (844) 211-6916 (Toll-Free) <u>www.tcvls.org</u> Serving Thurston, Mason, Grays Harbor and Pacific Counties.

# SENIOR SERVICES

# **North County**

# Coastal Community Action Program (CCAP)

324 Jackson St. Raymond, WA 98577 (800) 828-4883 (360) 942-5739 www.coastalcap.org

# Senior Nutrition Program/Meals

on Wheels: Food is served from five senior centers, five days a week, from 11:00 am-12:30 pm. Frozen meals are delivered to clients that are homebound or outside the city limits. \$3.50 donation (\$6-\$8 for those under age 60). Senior citizens county-wide are eligible.

- Retired and Senior Volunteer Program (RSVP): Enlists residents over the age of 55 to assist non-profit agencies with day-to-day operations, projects and events.
- **In-Home Care (IHC):** Provide services that enable the elderly and disabled to remain at home for as long as possible.
- Lifeline: Personal emergency response unit designed to contact 911 in the event of an illness, accident, or emergency situation.

# Dial-a-ride

North Pacific County: (360) 875-9418 pacifictransit.org/dial Must call 24 hours in advance to schedule pick-up. Fare is 35 cents one way. Dial-A-Ride provides service in Pacific County only. No Sunday service.

# **Department of Social & Health Services** (DSHS)

1216 Robert Bush Drive W South Bend, WA 98586 (877)501-2233 www.washingtonconnection.org/home/

- Classic Medical: Available for those 65+ or under 65 and on Medicare. Apply online or come into the office, Monday through Friday from 8:00 am-2:00pm to apply.
- Aged, Blind & Disabled (ABD): Assistance available to those who are over age 65, blind or have a longterm condition likely to meet federal disability requirements with income below \$197 per month. Cannot be eligible for TANF, State Family

Assistance (SFA) or Supplemental Security Income (SSI). Statewide.

### **Olympic Area Agency on Aging**

**Relatives as Parents** (360) 942-2177 o3a.org Financial assistance for Grandparents and other relatives as parents. Washington Health Benefit Exchange (HBE)/WA Healthplan finder for assistance signing up for ACA insurance plans. Advocacy and assistance for seniors, help with applications, information and referral, in home care options, case management for individuals 18 years and older receiving state-funded, in-home care services, free legal clinic. Kinship Care for people raising a relative's child. SHIBA, help with Medicare.

### Alder House assisted living

801 Alder St. South Bend, WA 98586 (360) 875-6001 www.willapaharborhospital.com

### **South County**

### **Coastal Community Action Program** (CCAP)

(CCAT) 324 Jackson St. Raymond, WA 98577 (360) 942-5739 (800) 828-4883 www.coastalcap.org

> • Senior Nutrition Program/Meals on Wheels: Food is served from five senior centers, five days a week from 11:00 am-12:30 pm. Frozen meals are delivered to clients that are homebound or outside the city limits. \$3.50 donation (\$6-\$8 for those

under age 60). Senior citizens county-wide are eligible.

- Retired and Senior Volunteer Program (RSVP): Enlists residents over the age of 55 to assist non-profit agencies with day-to-day operations, projects and events.
- **In-Home Care (IHC):** Provide services that enable the elderly and disabled to remain at home for as long as possible.
- Lifeline: Personal emergency response unit designed to contact 911 in the event of an illness, accident or emergency situation.

# City of Long Beach

115 Bolstad Ave. W
P.O. Box 310
Long Beach, WA 98631
(360) 642-4421
Low-Income Senior Utility Discount:
Same eligibility requirements as PUD
assistance, available to seniors living on the
Long Beach water system. PDF application
available at <u>www.longbeachwa.gov</u>.

### **Circle of Life Adult Foster Care**

10512 Pacific Hwy. Long Beach, WA 98631 (360) 642-3026

# **Department of Social & Health Services** (DSHS)

2601 Pacific Ave. Long Beach, WA 98631 (877) 501-2233 www.washingtonconnection.org/home/

• Classic Medical: Available for those 65+ or under 65 and on Medicare. Apply online or come

into the office, Monday-Friday from 8:00 am-2:00 pm to apply.

• Aged, Blind & Disabled (ABD): Assistance available to those who are over age 65, blind or have a longterm condition likely to meet federal disability requirements with income below \$197 per month. Cannot be eligible for TANF, State Family Assistance (SFA) or Supplemental Security Income (SSI). Statewide.

# **Olympic Area Agency on Aging**

**Relatives as Parents** (360) 942-2177 o3a.org Financial assistance for Grandparents and other relatives as parents. Washington Health Benefit Exchange (HBE)/WA Healthplan finder for assistance signing up for ACA insurance plans. Advocacy and assistance for seniors, help with applications, information and referral, in home care options, case management for individuals 18 years and older receiving state-funded, in-home care services, free legal clinic. Kinship Care for people raising a relative's child. SHIBA, help with Medicare.

# **Friends and Family Adult Care**

4 Olympia St. W Chinook, WA 98614-1322 (360) 777-8335

### **Golden Sands Senior Community**

21608 O Ln. Ocean Park, WA 98640 (360) 665-0190 www.goldensandsal.com

Assisted Living Center for seniors. Rent includes meals and snacks, housekeeping, maintenance, basic utilities, planned activities, transportation coordination and personalized care plans based on needs.

# Harbors Home Health and Hospice

1600 S. Pacific Ave. Long Beach, WA 98631 (360) 642-3623

- Home Care Services: Physical therapy, occupational therapy, nursing care, speech/language therapies provided in the home for those who are acutely, chronically or terminally ill, or disabled.
- Home Health Aides: Provide bathing, hair, and nail care.
- Medical Social Workers: Assist in arranging other services needed, including financial assistance and counseling patients and family.
- Foot Care Clinics: Routine hygienic well foot care by an RN, must call for appointment. (Clinic fee.) Medicare pays for skilled services ordered by a physician.

### Little Yellow House Adult Family Home

2809 230<sup>th</sup> Ln. Ocean Park, WA 98640 Jacqueline Campbell (360) 665-3223

# **Rebuilding Together Pacific County**

P.O. Box 283
Ocean Park, WA 98640
(971) 322-9526
Home Repair Services coordinates volunteers to repair and rehabilitate home for homeowners who qualify for assistance. Low-income, disabled, seniors, families with children, etc. who are unable to complete repairs may be eligible.

### **Visiting Angels**

227 Howerton Way SE Ilwaco, WA 98624 (800) 365-4189 http://www.visitingangels.com/

Non-medical services for seniors. Hygiene assistance, meal prep, light housekeeping, errands, companionship, and respite care for family caregivers.

# **Out of county**

### **Adult Protective Services**

(877) 734-6277 The purpose of the Home and Community Services (HCS) Division is to promote, develop and provide long-term care services responsive to the needs of persons with

disabilities and the elderly with priority attention to low-income individuals.

# Catholic Community Services of Western Washington

(360) 637-8563

# www.ccsww.org

In-home (non-medical) care, volunteer chore assistance and volunteer transportation. Must be over 60 with fixed income and mobility problems, or adults 18-59 with temporary or permanent functional limitations.

# TRANSPORTATION

### All county

### **Pacific County Transit**

Raymond/ South Bend: (360) 875-9418 Peninsula: (360) 642-9418 Naselle: (360) 484-7418 pacifictransit.org **Current Fees** \$0.35 one way, \$0.70 round trip. To Astoria or Aberdeen, \$0.50 one way, \$1.00 round trip, \$1.50 day pass. Bus Schedules can be found at most retailers in the county. Limited transportation schedule on Saturdays, NO public transportation on Sundays.

### Dial-a-ride

North Pacific County: (360) 875-9418 South Pacific County: (360) 642-9418 Must call 24 hours in advance to schedule pick-up. Thirty-five cents one way, 20 rides for \$7, reduced monthly pass \$10 (senior citizen/ disabled). Dial-A-Ride provides service in Pacific County only. No Sunday service. Must be disabled or ADA certified (non-certified disabled ADA customers will be given a form to fill out for future rides), be a senior 65 years or older, and coming and going somewhere off the main bus route by more than a quarter mile.

# **Coastal Community Action (CCAP)**

- **Driven to Opportunity:** Formerly Job Access Return Commute (JARC), provides low-income individuals with rides to work or training. (360) 533-5100 ext. 124.
- Medicaid Transportation Services: Available to county residents on Medicaid with NO alternative forms of transportation. Arranges the lowest-cost transportation to meet clients' needs and includes bus passes/tickets, gas vouchers, volunteer drivers, shared rides, and cabulance. Available Monday-Friday and must be requested at least 2 business days in advance with Medicaid ID Card & appointment information.
- **Paratransit:** (800) 846-5438

# **Royal Cab** (360) 665-3500 Cab service for all of Pacific County and Clatsop County, available 24 hours a day, seven days a week. Client must be physically able to get in and out of the cab. Active and retired military and people receive 10% off fare.

# VETERANS

**AMVETS** North County Post 896 (360) 665-4978

# **Disabled American Veterans**

Chapter 44 (360) 665-6723

### **Veterans Pacific County Program** 1216 W. Robert Bush Dr.

South Bend, WA 98586

(360) 875-9337

Hours: Tuesday/Wednesday/Thursday, 8:00 am-4:30 pm.

Services: Replacing lost military records, preparing claim forms, economic or medical assistance, and benefits explanation. VA in Astoria arranges for transportation to medical appointments.

# **American Legion Post 150**

P.O. Box 602-221 Duryea

Raymond, WA 98577

(360) 942-3034

### **American Legion Post 48**

P.O. Box 48

Ilwaco, WA 98624

Terry Bryan, Post Commander: (360) 642-2041

# **American Legion Post 140**

P.O. Box 648Westport, WA 98595(360) 268-1239

# VFW Post 3721

P.O. Box 217Long Beach, WA 98631(360) 642-1228

# Don R. Grable Post No. 48

2950 SR 101

Ilwaco, WA 98624

Richard Wallace, Post Commander: (360) 642-4188

### VFW Post 968

P.O. Box 547- 203 DuryeaRaymond, WA 98577(360) 942-3082

# **Marine Corp League**

c/o Ron Black 18 McKinney Rd. S Raymond, WA 98577

# American Legion Post III

315 Deep River Rd. Naselle, WA 98638